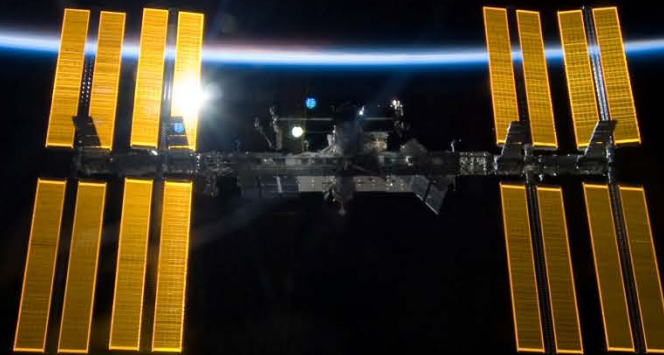




THE VISUAL IMPAIRMENT INTRACRANIAL PRESSURE SYNDROME IN LONG DURATION U.S. ASTRONAUTS: EPIDEMIOLOGY AND PATHOPHYSIOLOGY

Christian Otto, M.D., M.Sc.
Lead Scientist, NASA VIIP Risk

Universities Space Research Association, Houston, TX,



Sensorimotor Workshop
NSBRI, Houston, TX
Thursday August 29, 2013.

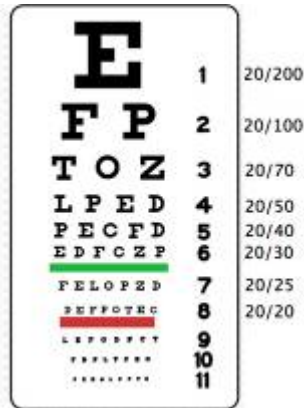


Visual Impairment Intracranial Pressure Syndrome Signs



•Hyperopic Shifts

-Up to +1.75 diopters

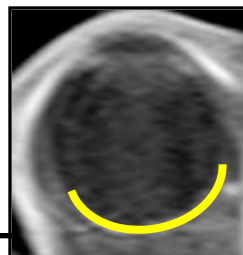


•Altered Blood flow

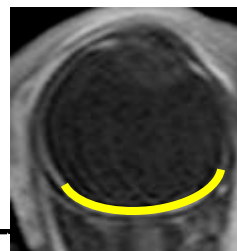
•“cotton wool” spots



•Globe Flattening



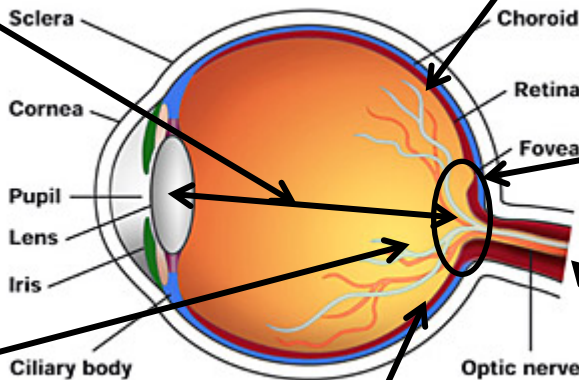
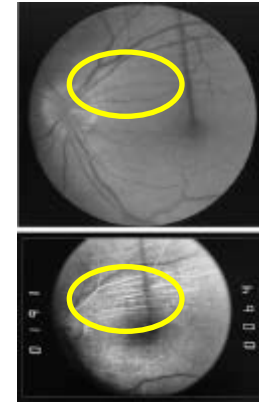
Normal Globe



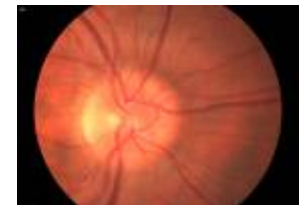
Flatten Globe

•Choroidal Folds

- parallel grooves in the posterior pole



•Optic Disc Edema (swelling)



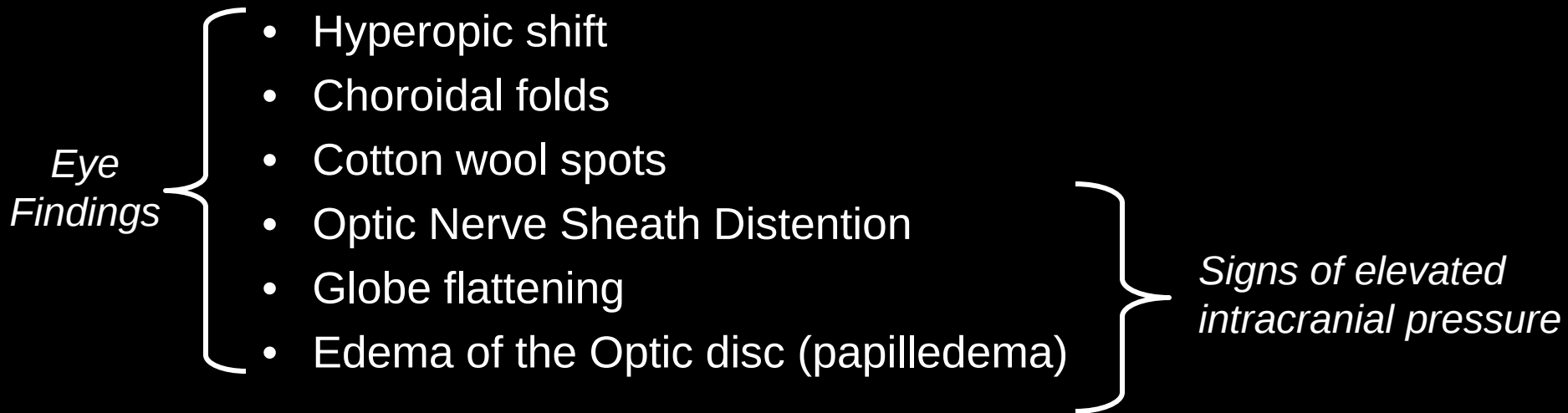
•Increased Optic Nerve Sheath Diameter





VIIP Clinical Findings

- To date 15 U.S. ISS long-duration spaceflight astronauts have developed some or all of the following findings:



- High postflight intracranial pressure in four crew members:
 - 15.4-21.3mmHg (Normal: 7-15mmHg) or,
 - 21-29 cmH₂O, Normal: 9.5-20.4cmH₂O

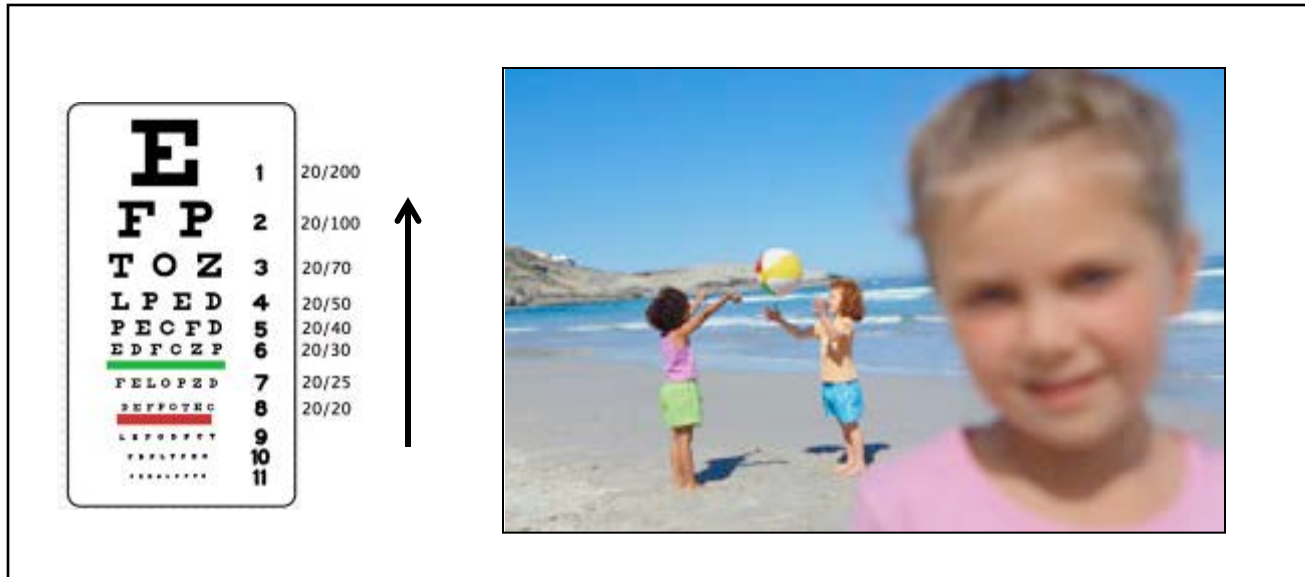


Initial Identification of the VIIP: Subjective Changes in Vision



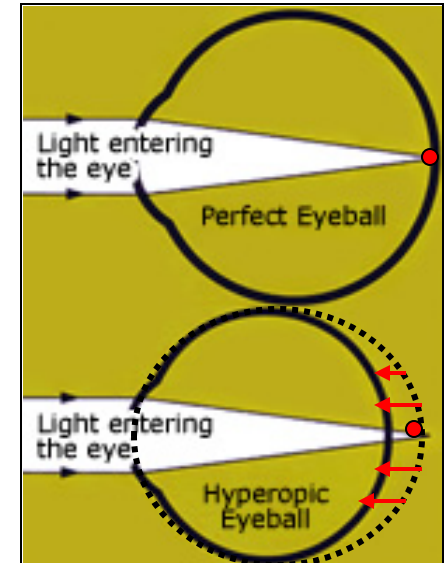
- 50% of long- duration (ISS) mission astronauts report a subjective degradation in vision, primarily increasing *farsightedness*

- **Hyperopic shift**
Decreased near visual acuity, distant vision intact



(1 mm decrease in axial length is equivalent to a 3 dioper hyperopic shift)

Normal Eye



Hyperopic Eye



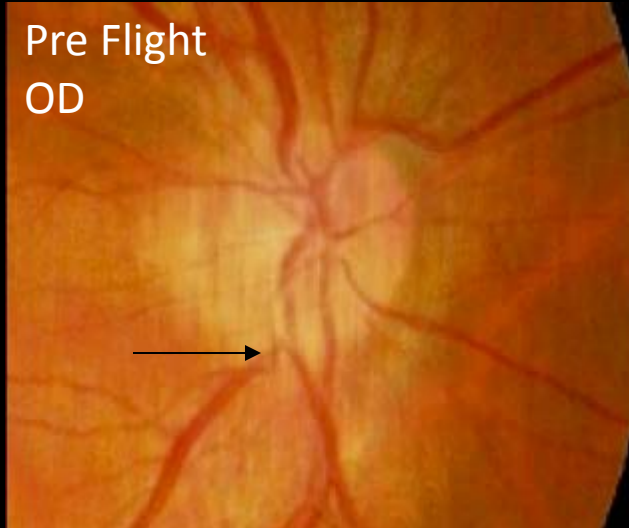
Pre to Post Flight Papilledema: A Clinical Sign of Raised Intracranial Pressure



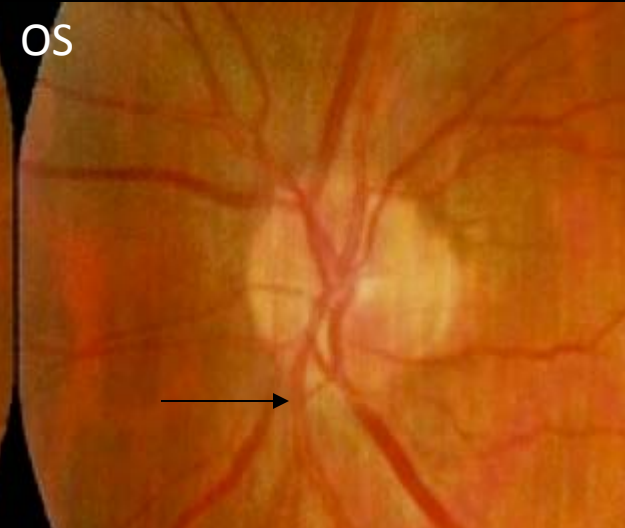
Pre Flight

Fundoscopic images of the right and left optic disc.

Pre Flight
OD



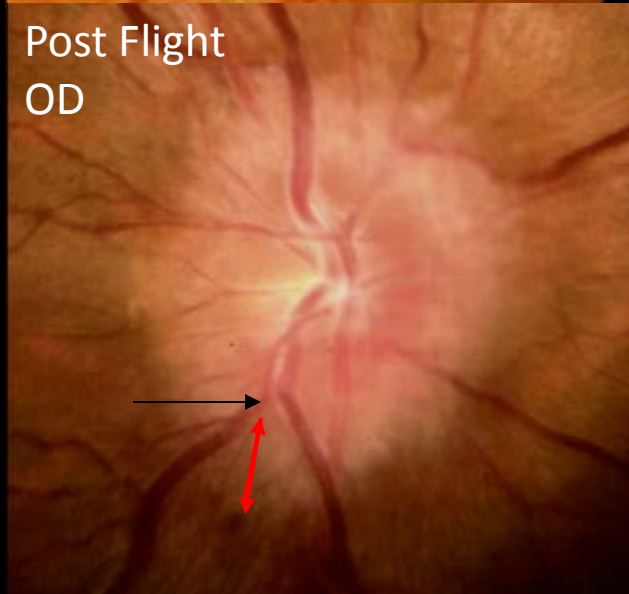
OS



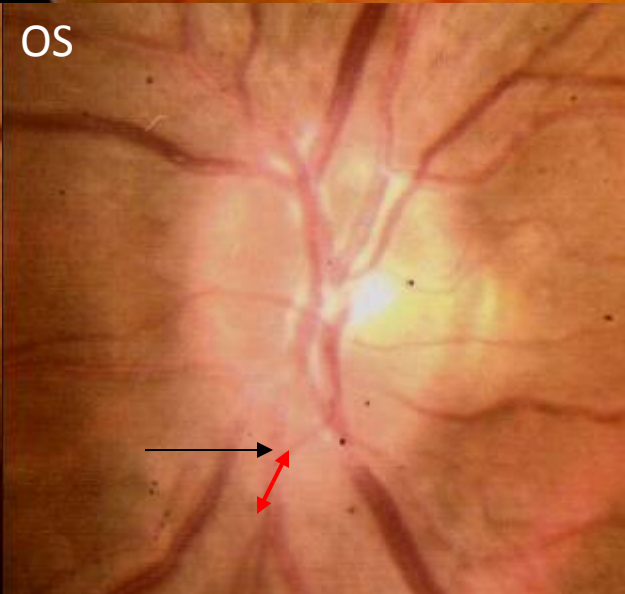
Post Flight

Fundoscopic images of the right and left optic disc showing **Grade 3 edema right** and **Grade 1 edema left**.

Post Flight
OD

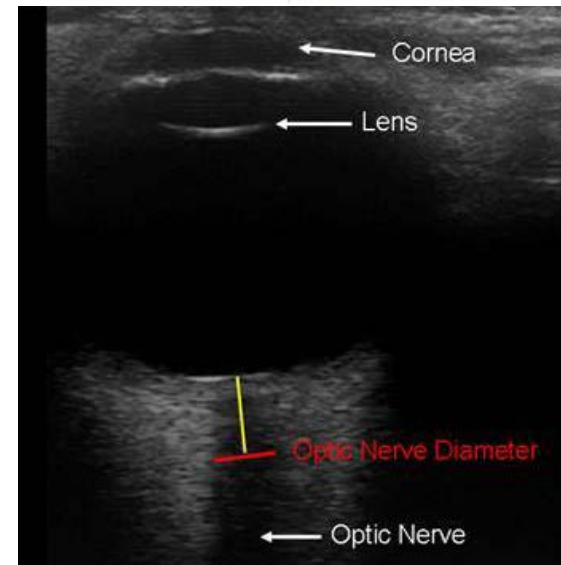
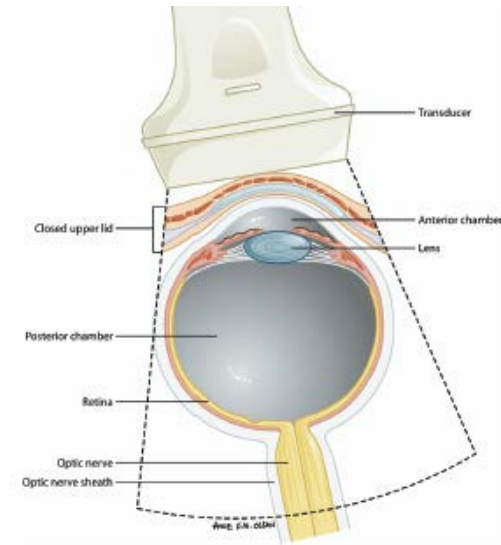


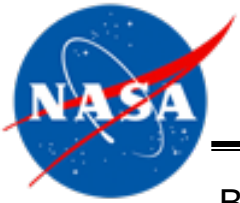
OS





In Flight B-scan Ultrasound

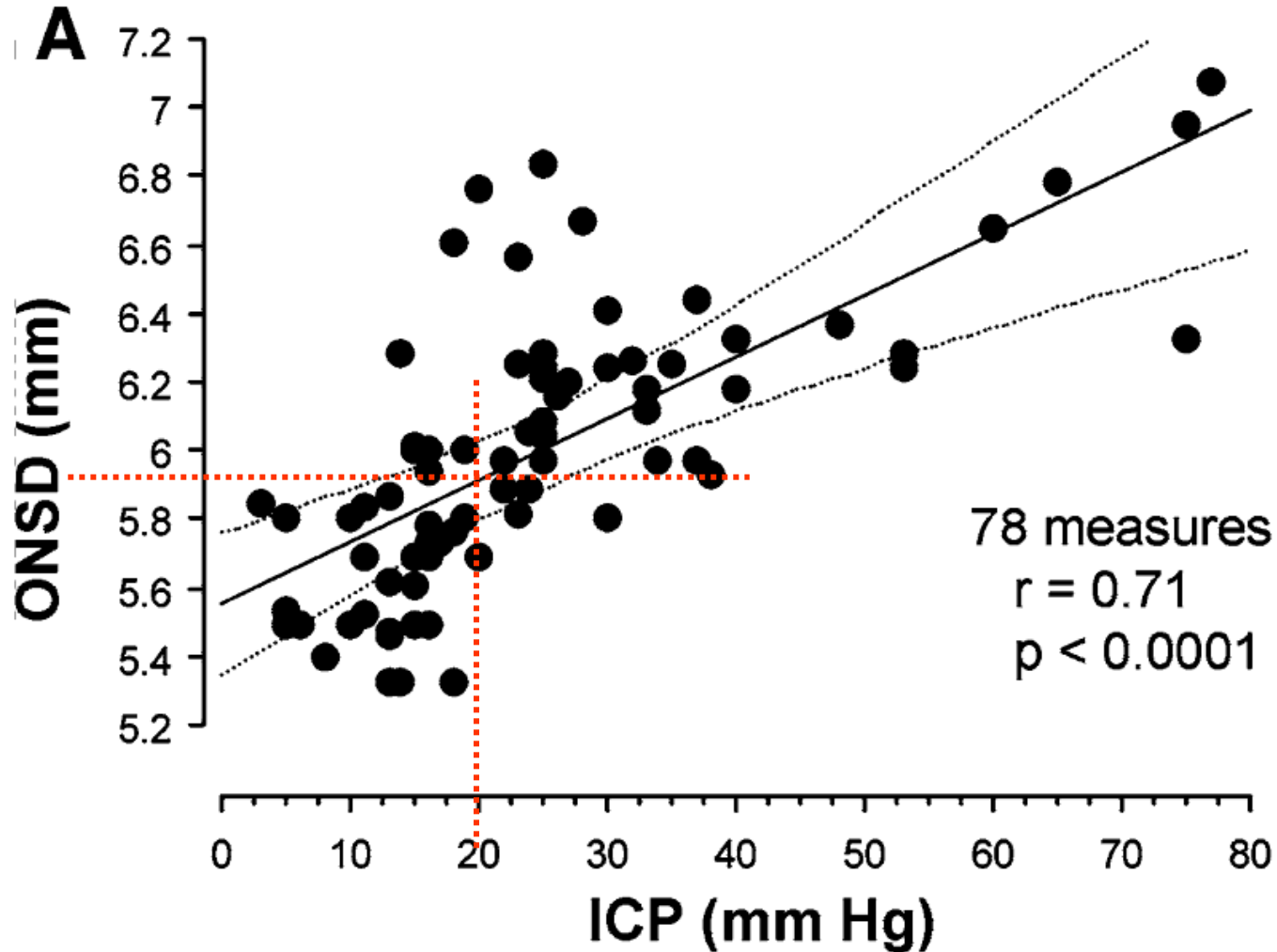




Mean ONSD Measurement & ICP



Because of a variable pressure-diameter relationship, the clinical relevance of this method relies on the demonstration of ongoing enlargement on serial US studies.

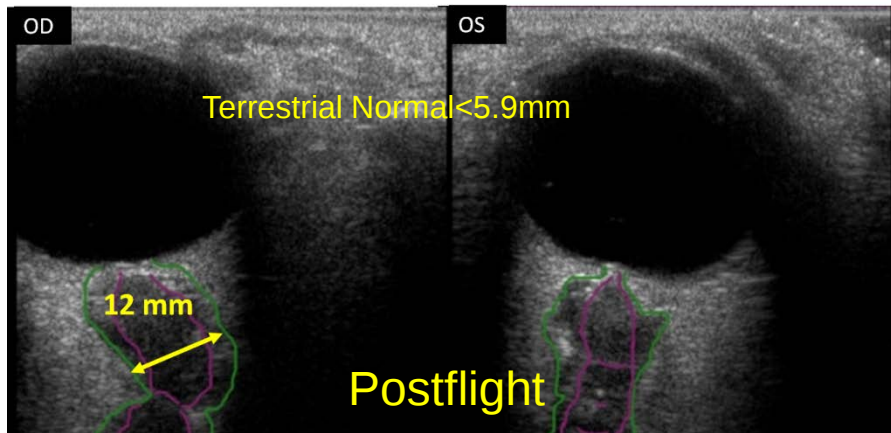




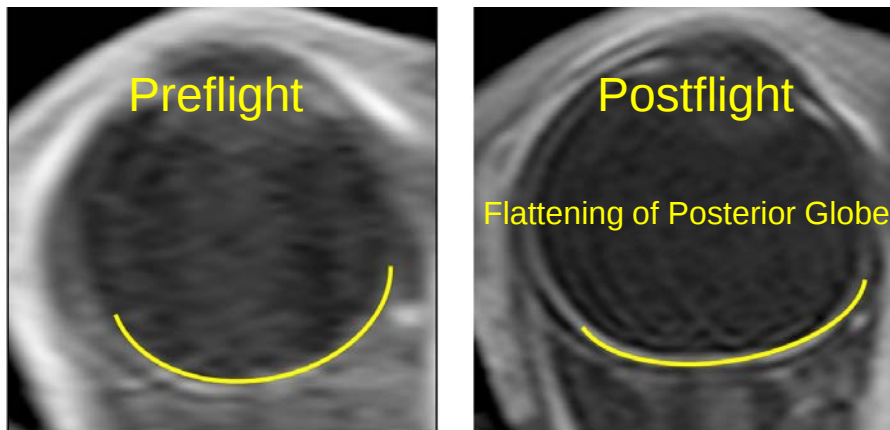
ISS Inflight Crew Ultrasound Imaging: Additional Signs of Raised Intracranial Pressure



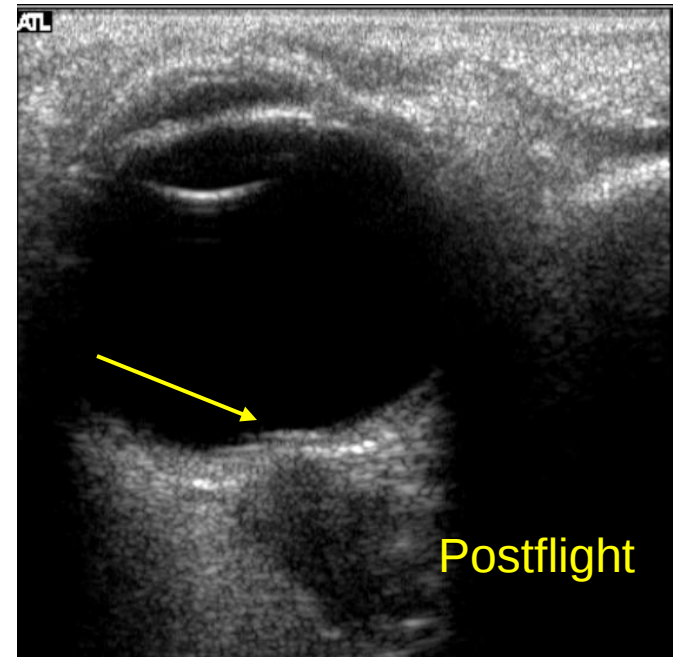
1. Increased Optic Nerve Sheath Diameter



2. Posterior Globe Flattening



3. Raised Optic Disc

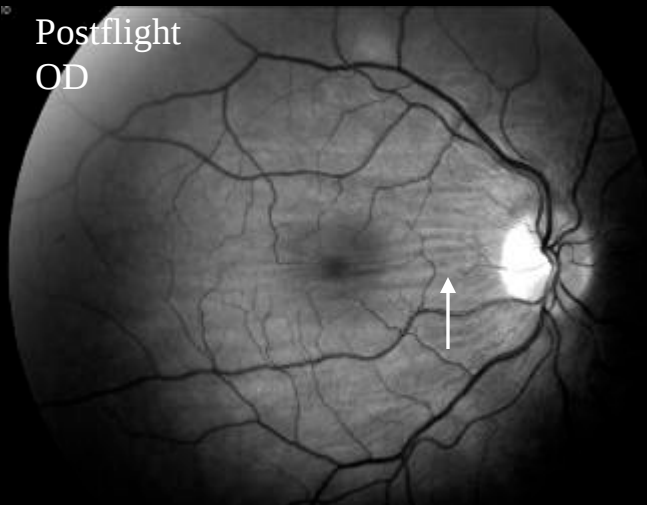




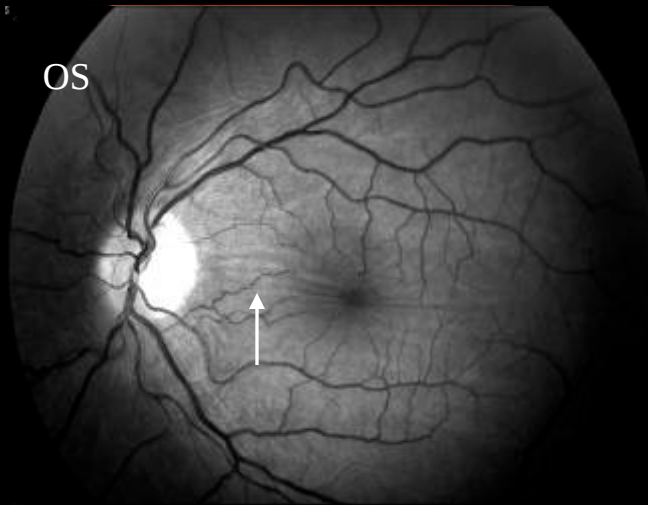
Choroidal Folds



Postflight
OD

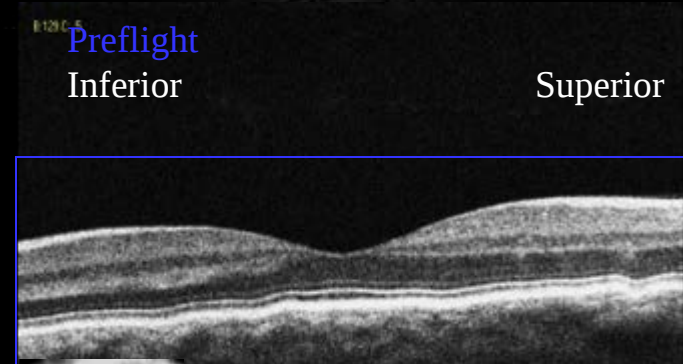


OS



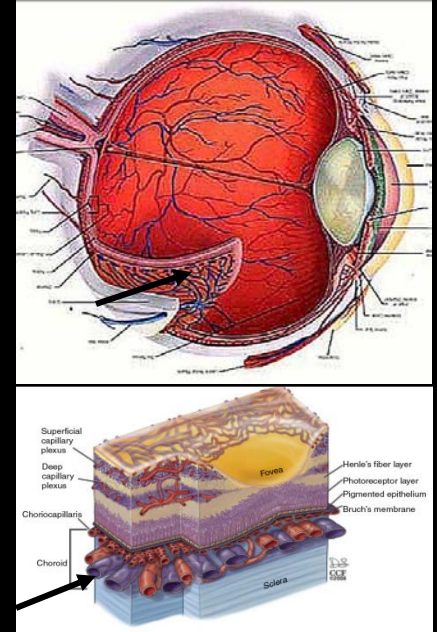
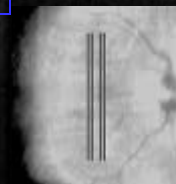
Preflight
Inferior

Superior



Postflight
Inferior

Superior



Thickening of the choroid secondary to venous blood engorgement from uG fluid shift



VIIP Clinical Practice Guideline

Case Definition



Class 1 $\geq$.50 diopter cycloplegic refractive change and/or cotton wool spot

Class 2 $\geq$.50 diopter cycloplegic refractive changes or cotton wool spot

- Choroidal folds and/or optic nerve sheath distension and/or globe flattening and/or scotoma

Class 3 $\geq$.50 diopter cycloplegic refractive changes and/or cotton wool spot

- Optic nerve sheath distension, and/or globe flattening and/or choroidal folds and/or scotoma
- Papilledema of Grade 0-2.

Class 4 $\geq$.50 diopter cycloplegic refractive changes and/or cotton wool spot

- Optic nerve sheath distension, and/or globe flattening and/or choroidal folds and/or scotoma
- Papilledema Grade 2 or above.
- Presenting symptoms of new headache, pulsatile tinnitus and/or transient visual obscurations
- CSF opening pressure >25 cm H₂O



Current U.S. ISS VIIP Incidence:



41 U.S. ISS astronauts flown to date as of Expedition 32:

- *Unclassified astronauts N=16* (No MRI, OCT or ocular US)
- Non-cases N=6
- **Confirmed cases: 19**

Clinical Classification:

- | | | | |
|-------------------|---|------------------|-----------------------------|
| - Class One N=2 | } | 68.4 % Class 1&2 | ↓
Increasing
severity |
| - Class Two N=11 | | | |
| - Class Three N=2 | } | 31.6 % Class 3&4 | |
| - Class Four N=4 | | | |

Current VIIP Incidence as a % of U.S. ISS astronauts tested= 76.0%

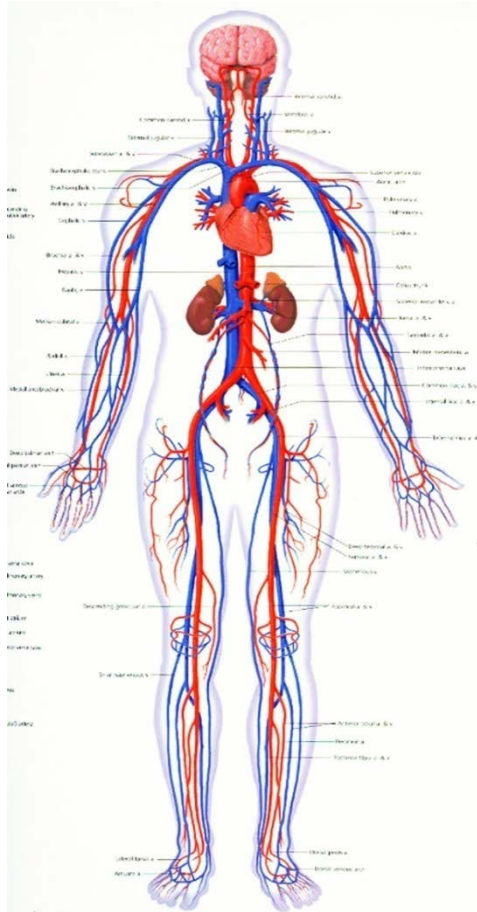


Visual Impairment and Elevated Intracranial Pressure in Spaceflight

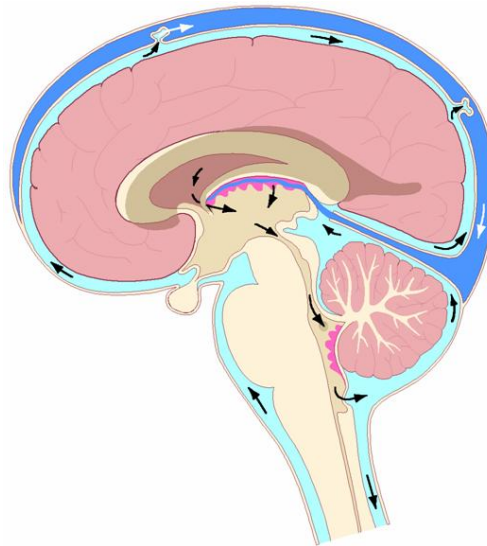


Primary Systems Involved

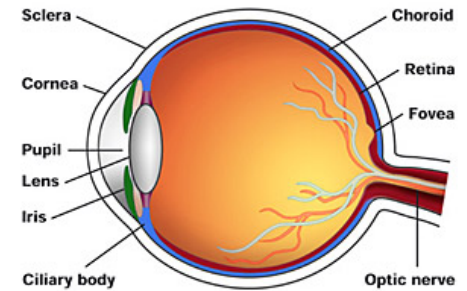
Cardiovascular

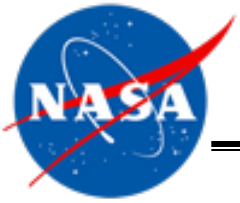


CNS

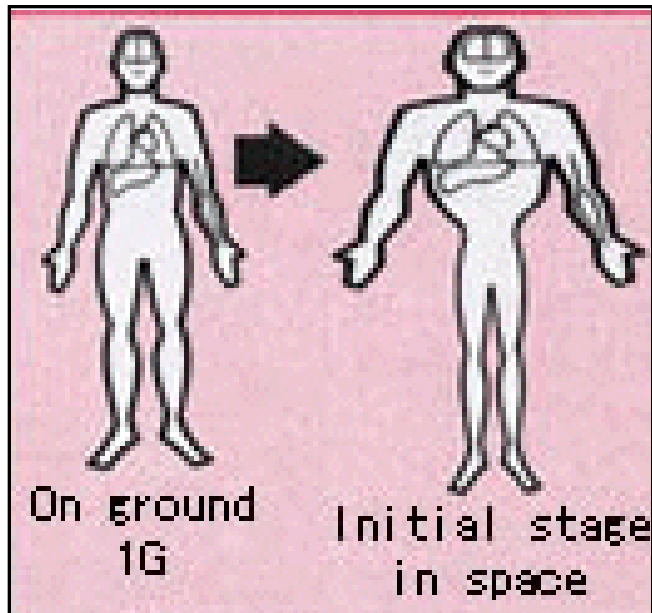


Ocular



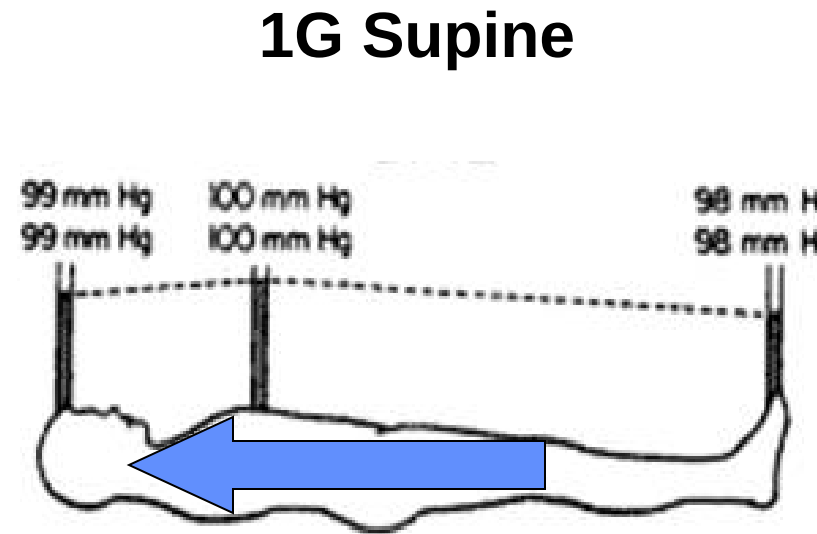
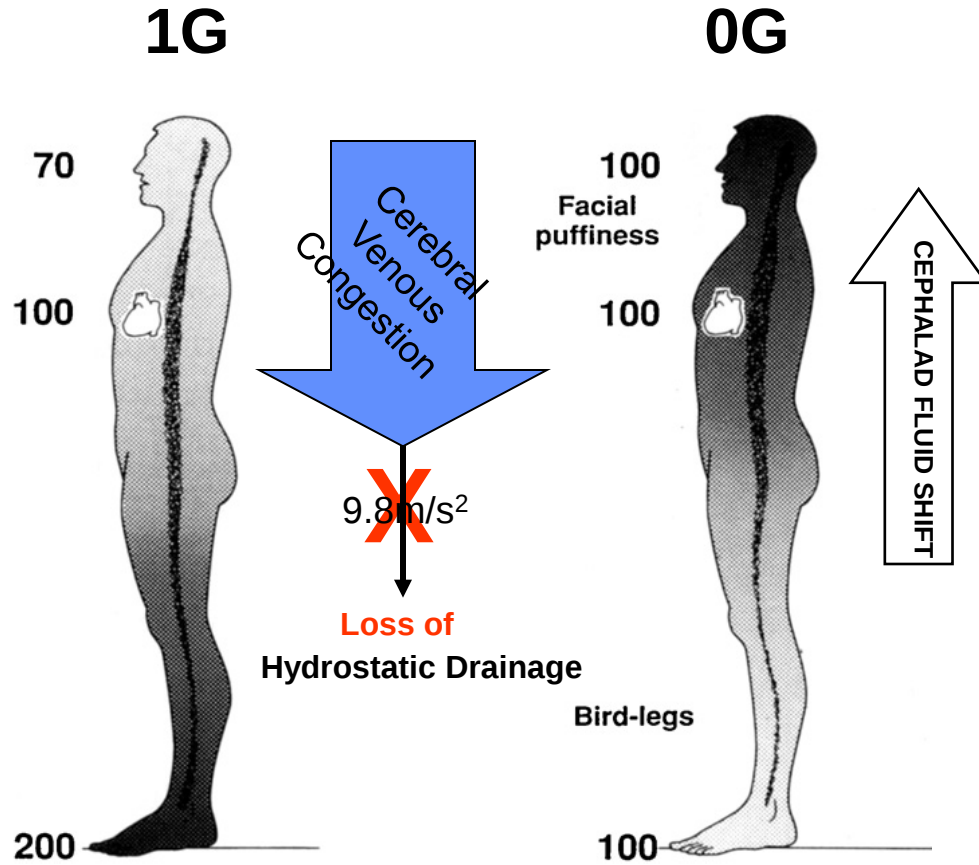


Cephalad Fluid Shift



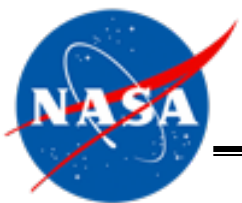


Loss of Hydrostatic Drainage & Cerebral Venous Congestion

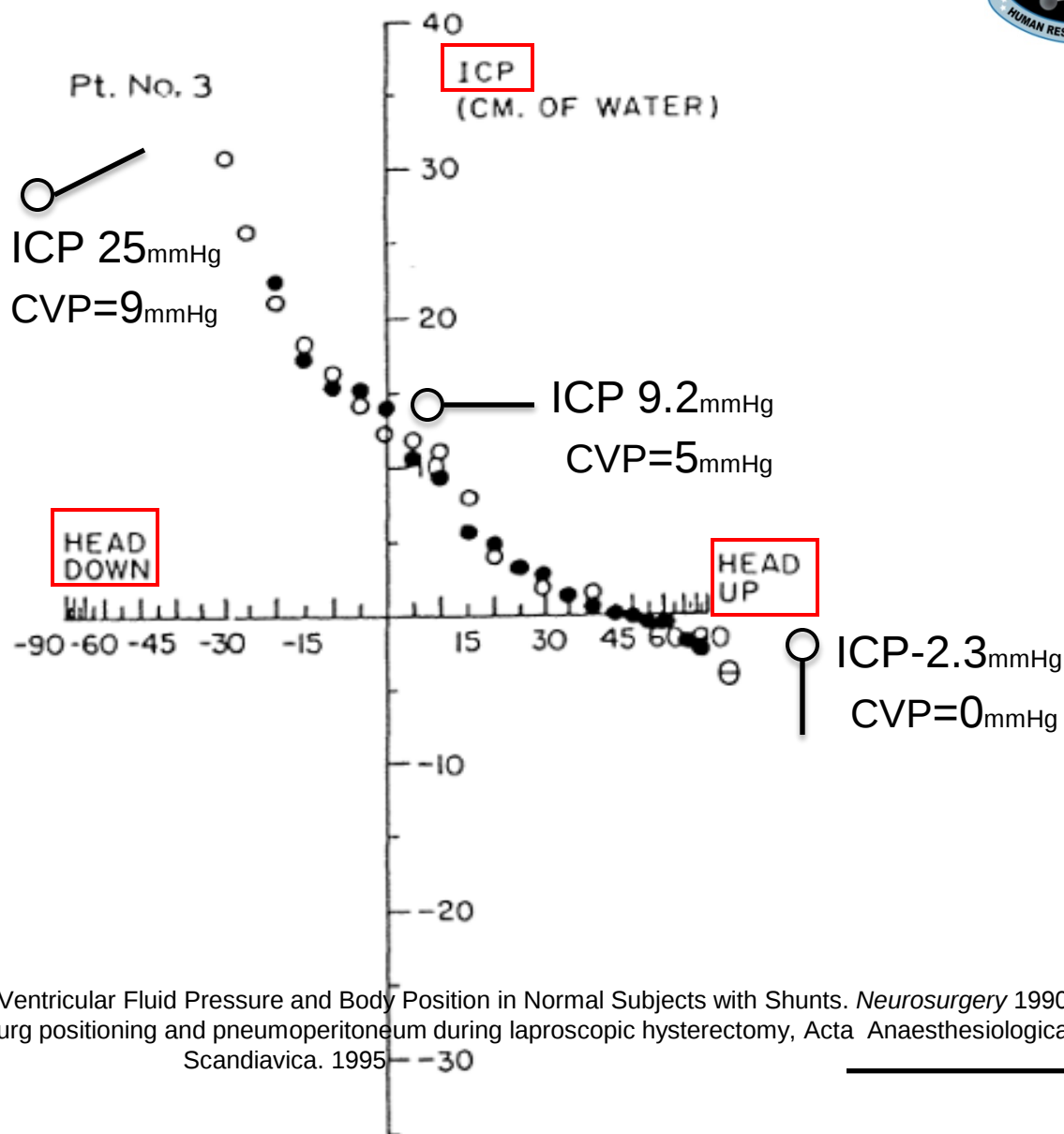


Adapted from Rowell, 1988

Adapted from Hargens & Richardson, Respiratory Physiology & Neurobiology. 2009



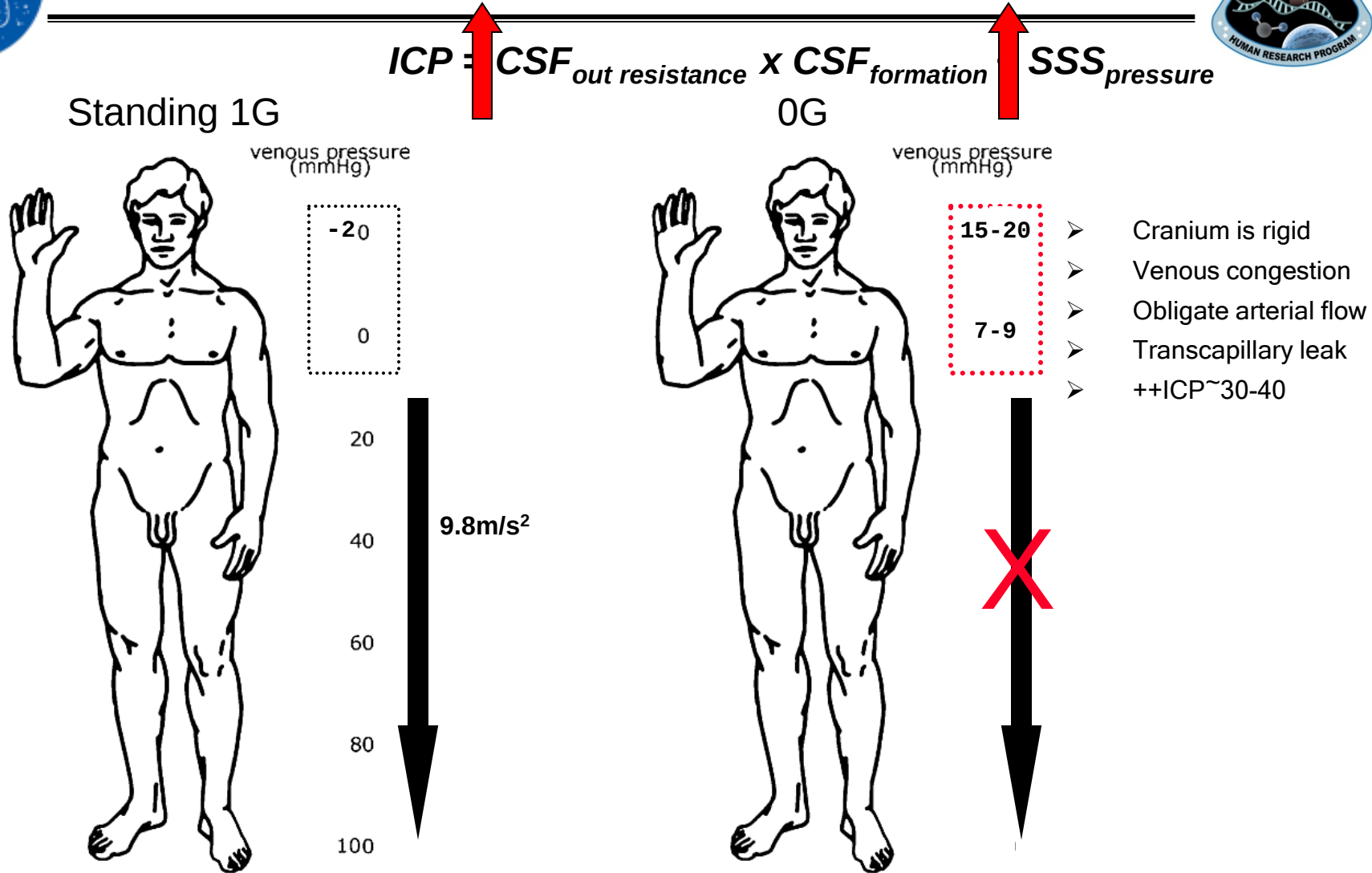
Tilt Angle vs ICP & CVP: Positional Fluid Shifts



1. Chapman et al. The Relationship between Ventricular Fluid Pressure and Body Position in Normal Subjects with Shunts. *Neurosurgery* 1990
2. Hemodynamic changes due to Trendelenburg positioning and pneumoperitoneum during laproscopic hysterectomy, *Acta Anaesthesiologica Scandinavica*. 1995

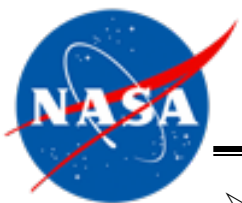


Redistribution of Venous Pressures From 1G to 0G



1. Hirvonen et al. Hemodynamic changes due to Trendelenburg positioning and pneumoperitoneum during laproscopic hysterectomy, Acta Anaesthesiologica Scandinavica. 1995
2. Hinghofer-Szalkay Gravity, the hydrostatic indifference concept and the cardiovascular system. European Journal of Applied Physiology, 2010

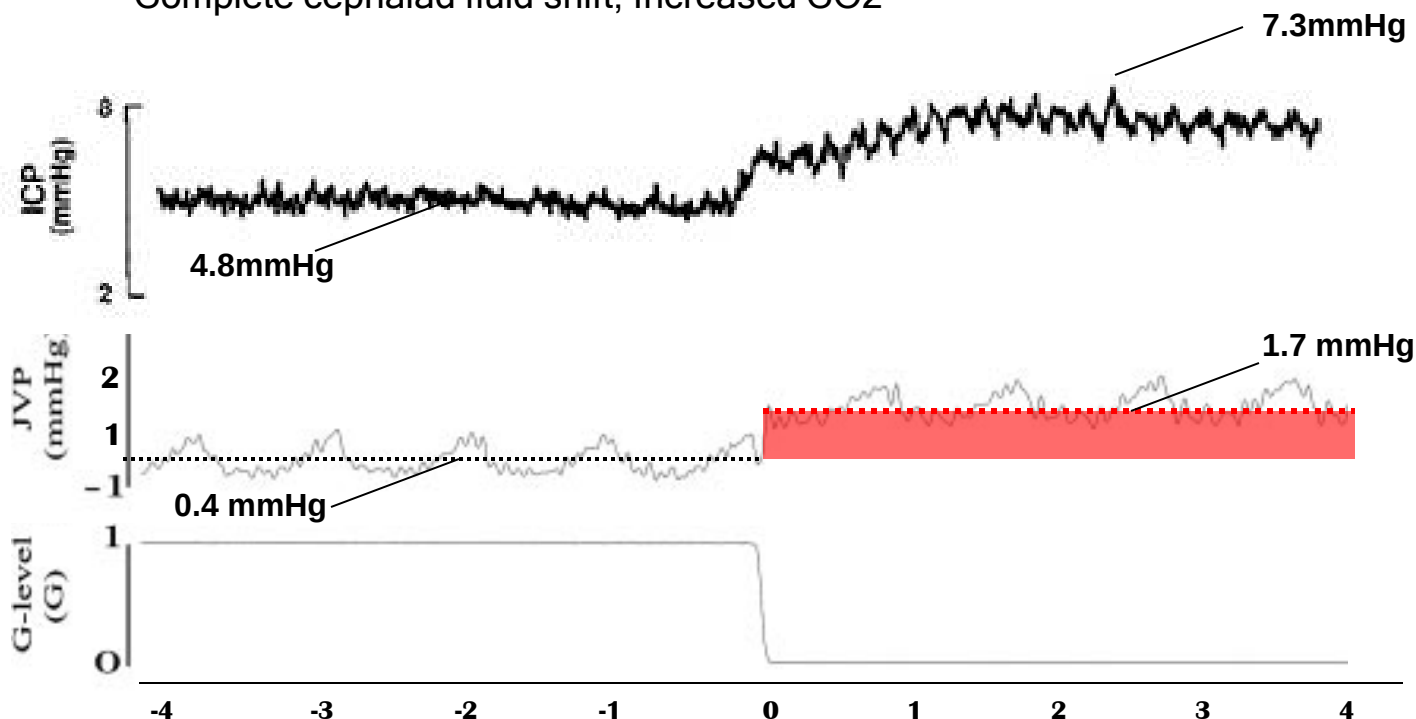
3. Chapman et al. The Relationship between Ventricular Fluid Pressure and Body Position in Normal Subjects with Shunts. Neurosurgery 1990
4. Gisolf et al. Human cerebral outflow pathway depends on posture and central venous pressure. Journal of Physiology, 2004.

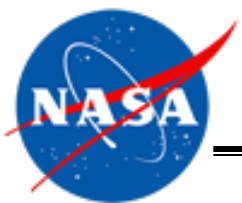


Jugular Vein Pressure & ICP Increases in Simulated Microgravity

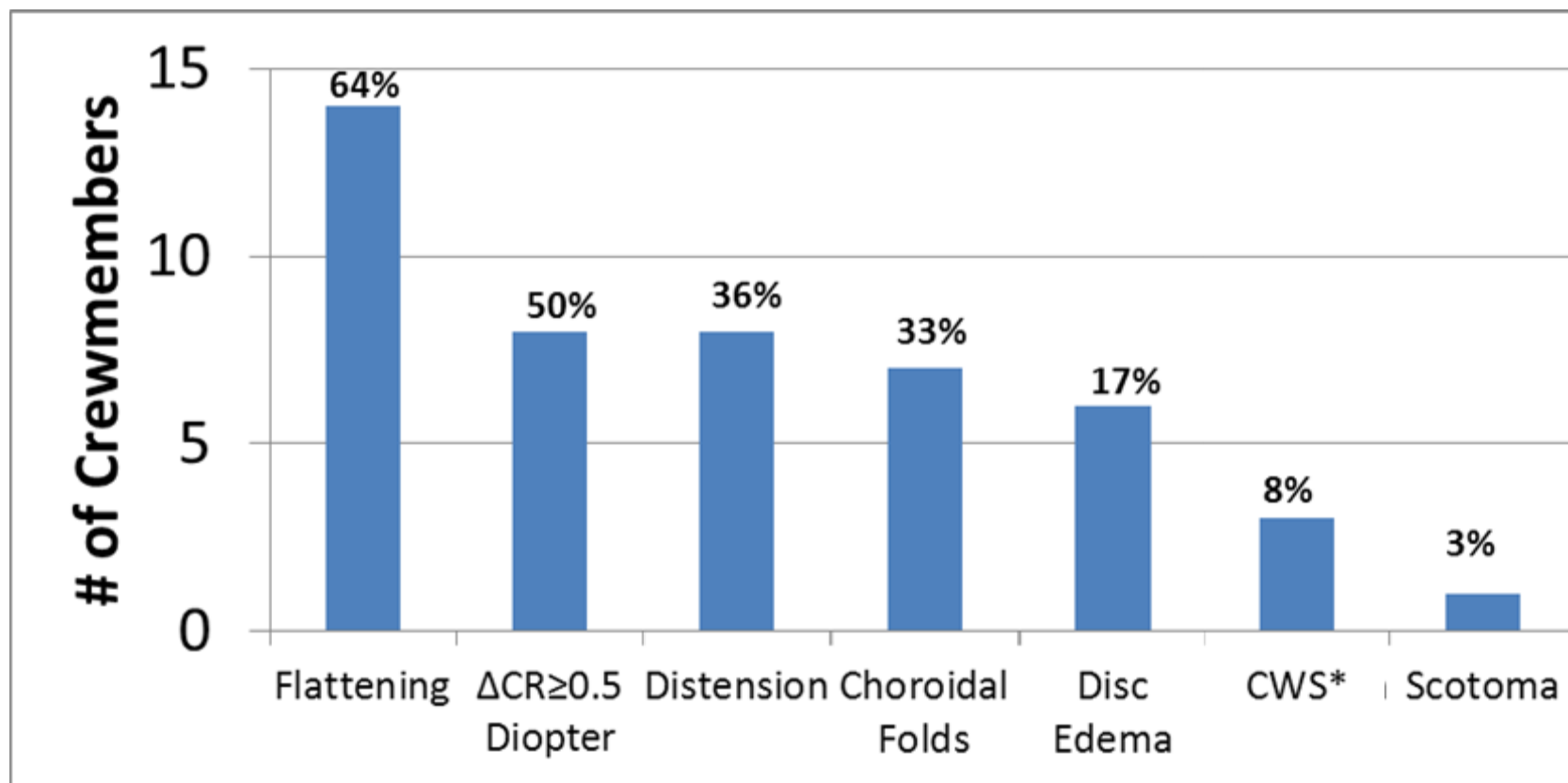


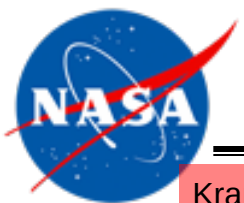
- Jugular bulb pressure approximates dural sinus pressure
- Jugular vein pressure measured in 7 animals during 4.5s free drop
- Loss of hydrostatic pressure gradient increased JV_p 1.3mmHg
 - i.e. loss of hydrostatic assisted venous drainage
- Similar study, ICP increased in 5 rats from 4.8 to 7.3 mmHg =52% increase in ICP
- Factors that may further raise ICP:
 - Complete cephalad fluid shift, Increased CO₂





VIIP Ocular Findings in ISS Astronauts





MRI in Idiopathic Intracranial Hypertension & VIIP: The Case for Elevated ICP



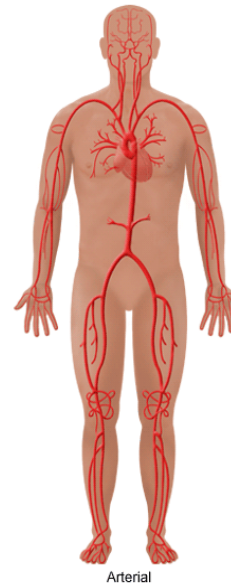
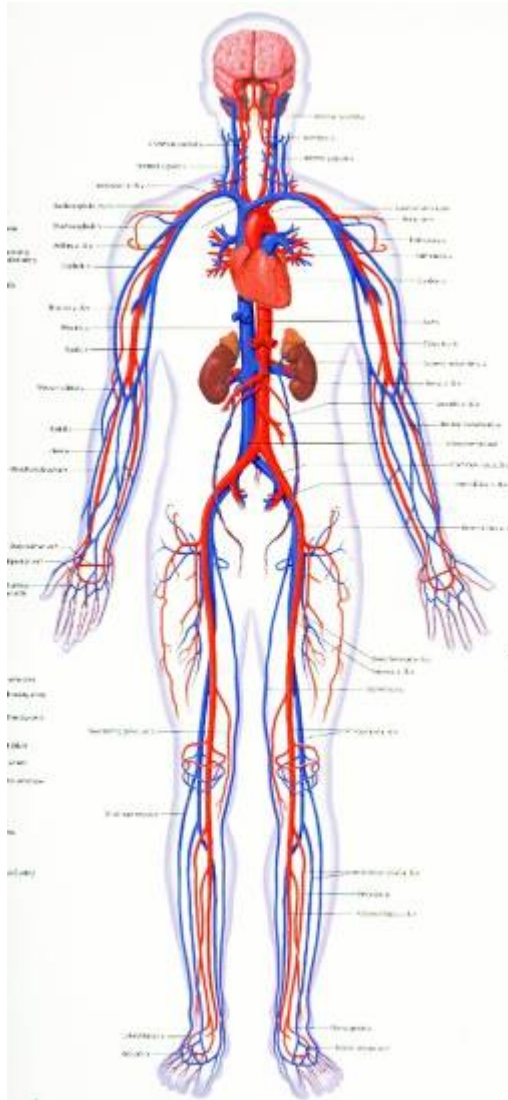
Kramer et al. ***Orbital and Intracranial Effects of Microgravity: Findings at 3-T MR Imaging.*** Radiology. Volume 263: Number 3—June 2012

Maralani et al. ***Accuracy of brain imaging in the diagnosis of idiopathic intracranial hypertension.*** Clinical Radiology. Dec. 2011.

IIH MRI Signs vs VIIP		
Imaging Assessment	Present in IIH (Specificity)	Seen in VIIP
Venous Stenosis Score	100%	?
Flattening of Posterior Globes	100%	Yes
Optic Nerve Protrusion	100%	Yes
Partially Empty Sella	95.3%	Yes
Optic Nerve Sheath Distension	88.4%	Yes
Optic Nerve Tortuosity	86%	Yes

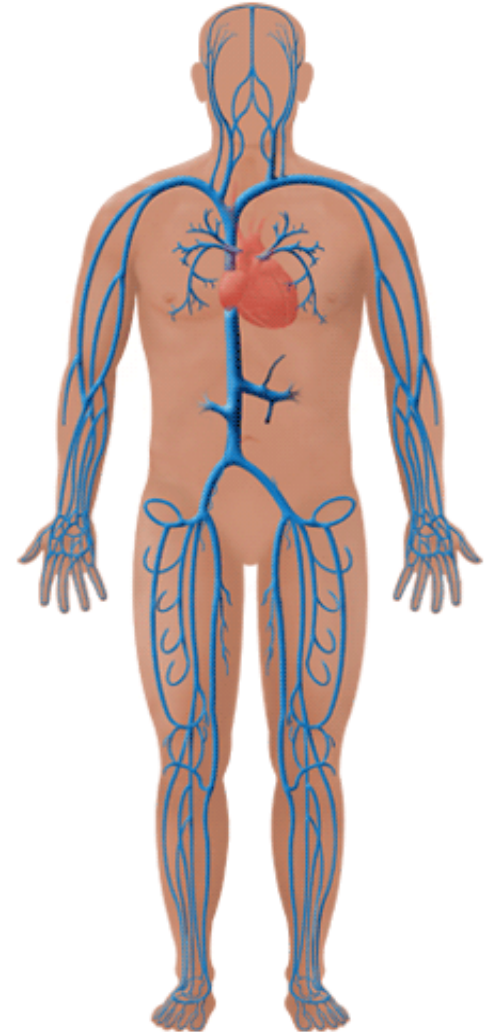


Vascular Capacitance: Venous & Arterial



Arterial

20%=1L



Venous

70-80%=4L

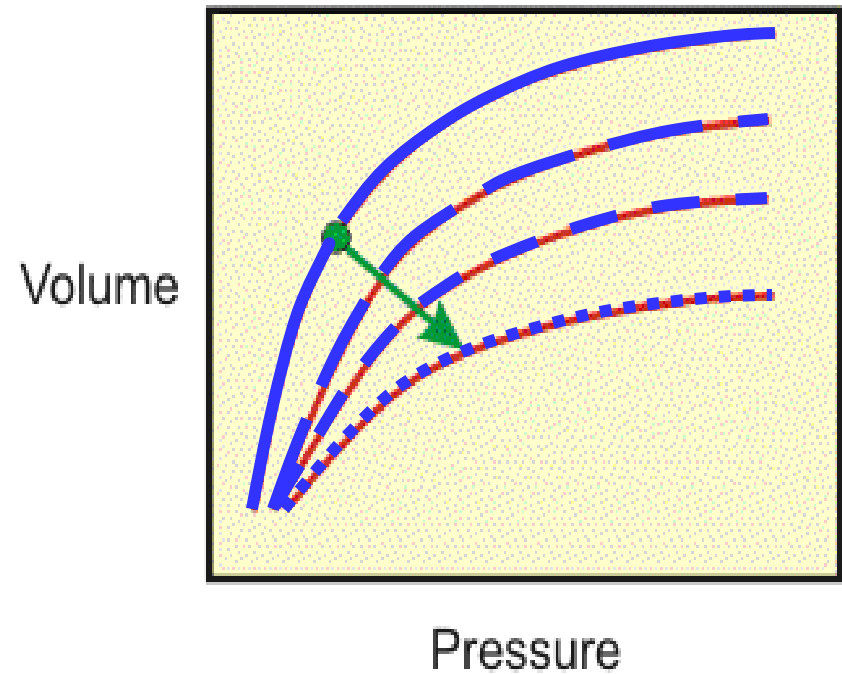
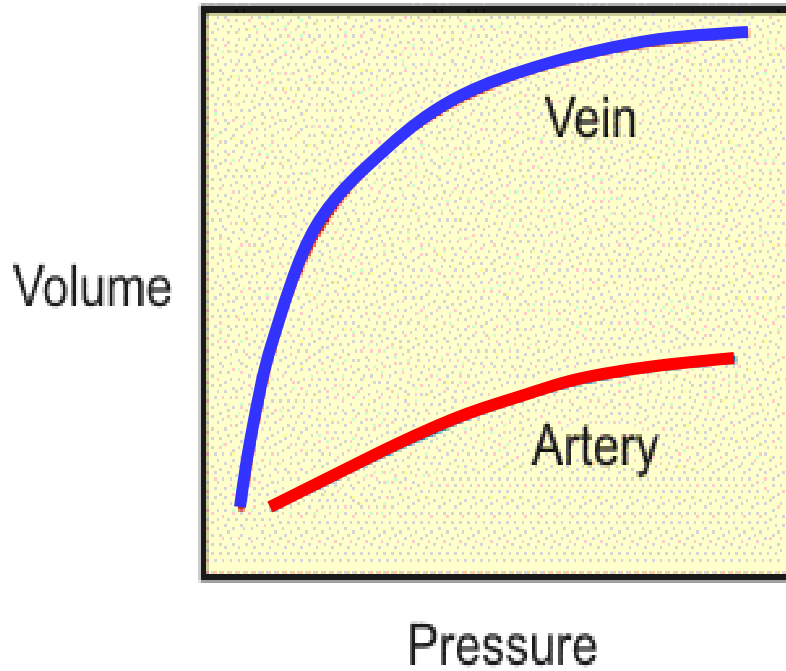


Venous Compliance



$$C = \frac{\Delta V}{\Delta P}$$

Vein



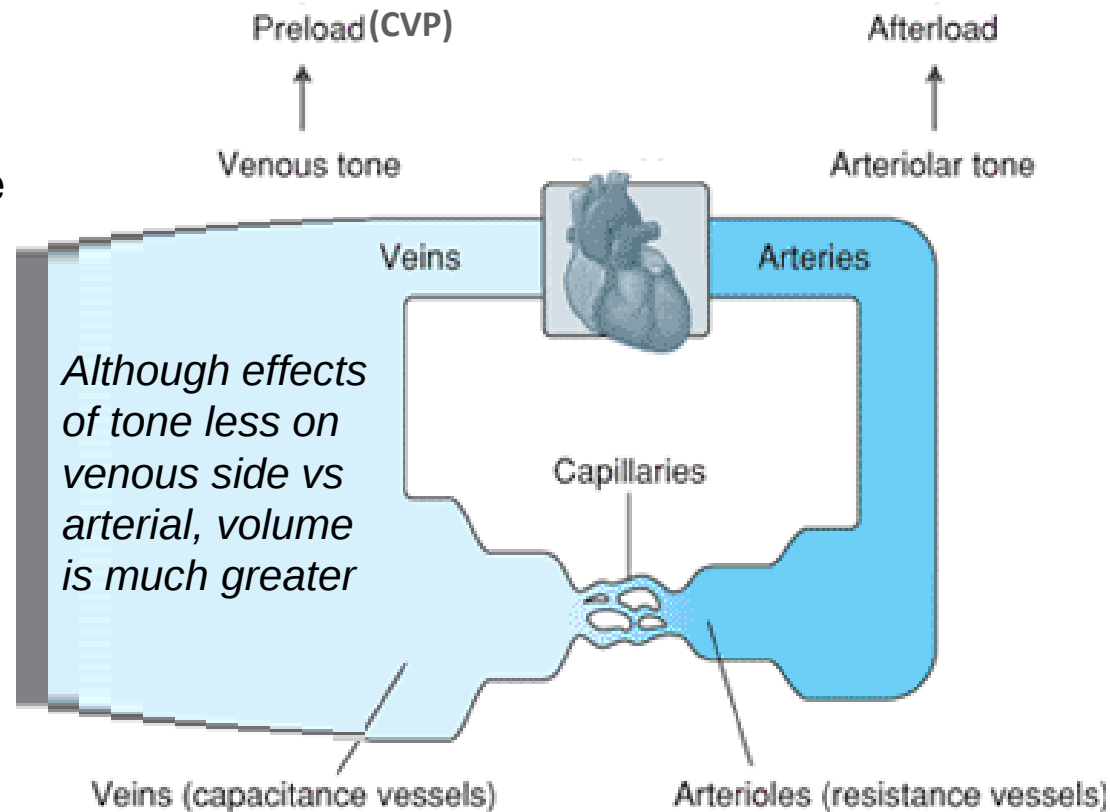


Factors Increasing Venous Tone will Increase Cerebral Venous Outflow Resistance



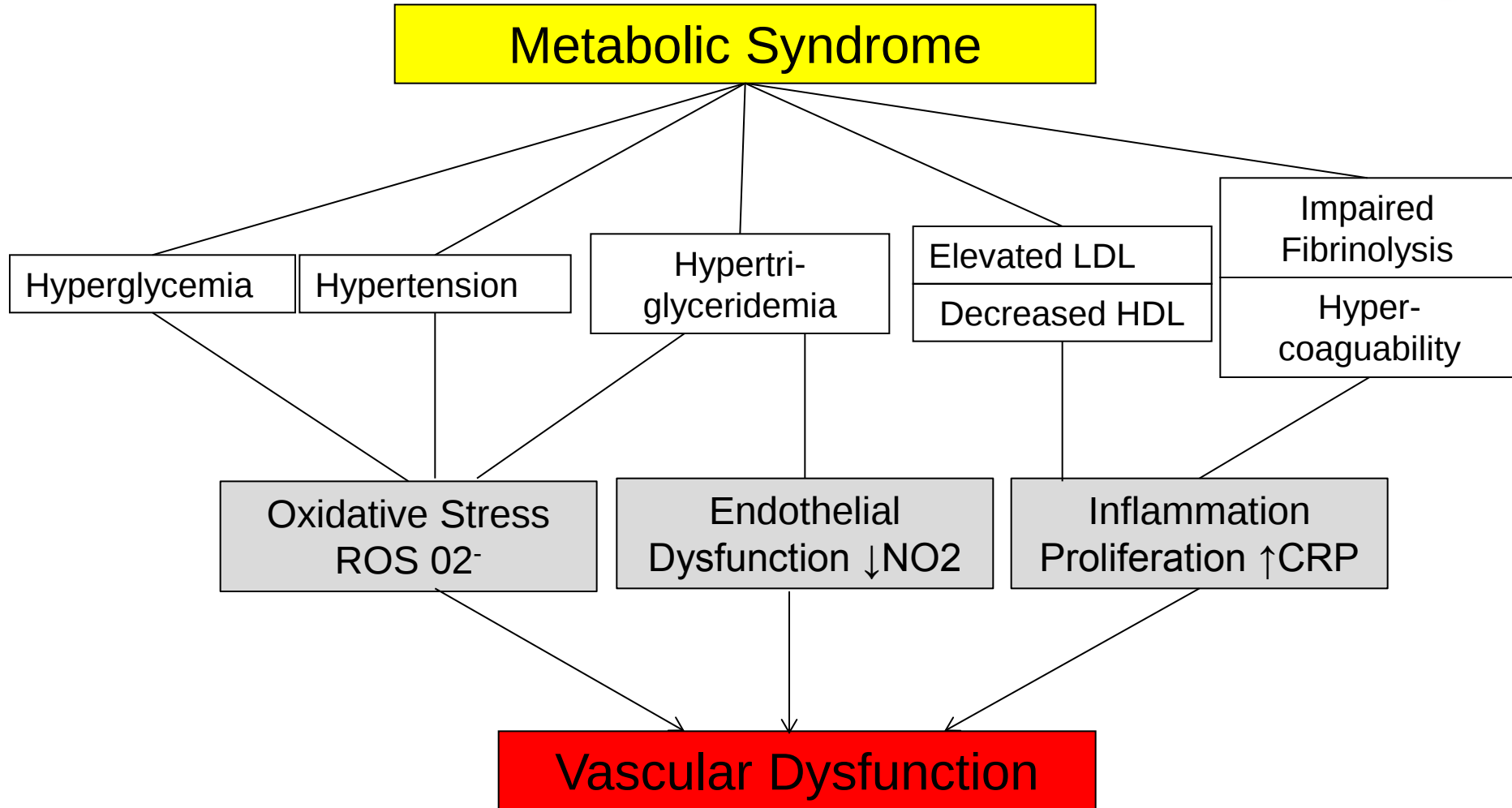
➤ Resting Tone of Venous Vessels Influenced by:

- SNS tone ↑
 - ✓ Resting Blood Pressure
- Endothelin ↑
- Nitric oxide ↓
- Inflammatory cytokines ↑





Metabolic Syndrome-Vascular Relationship

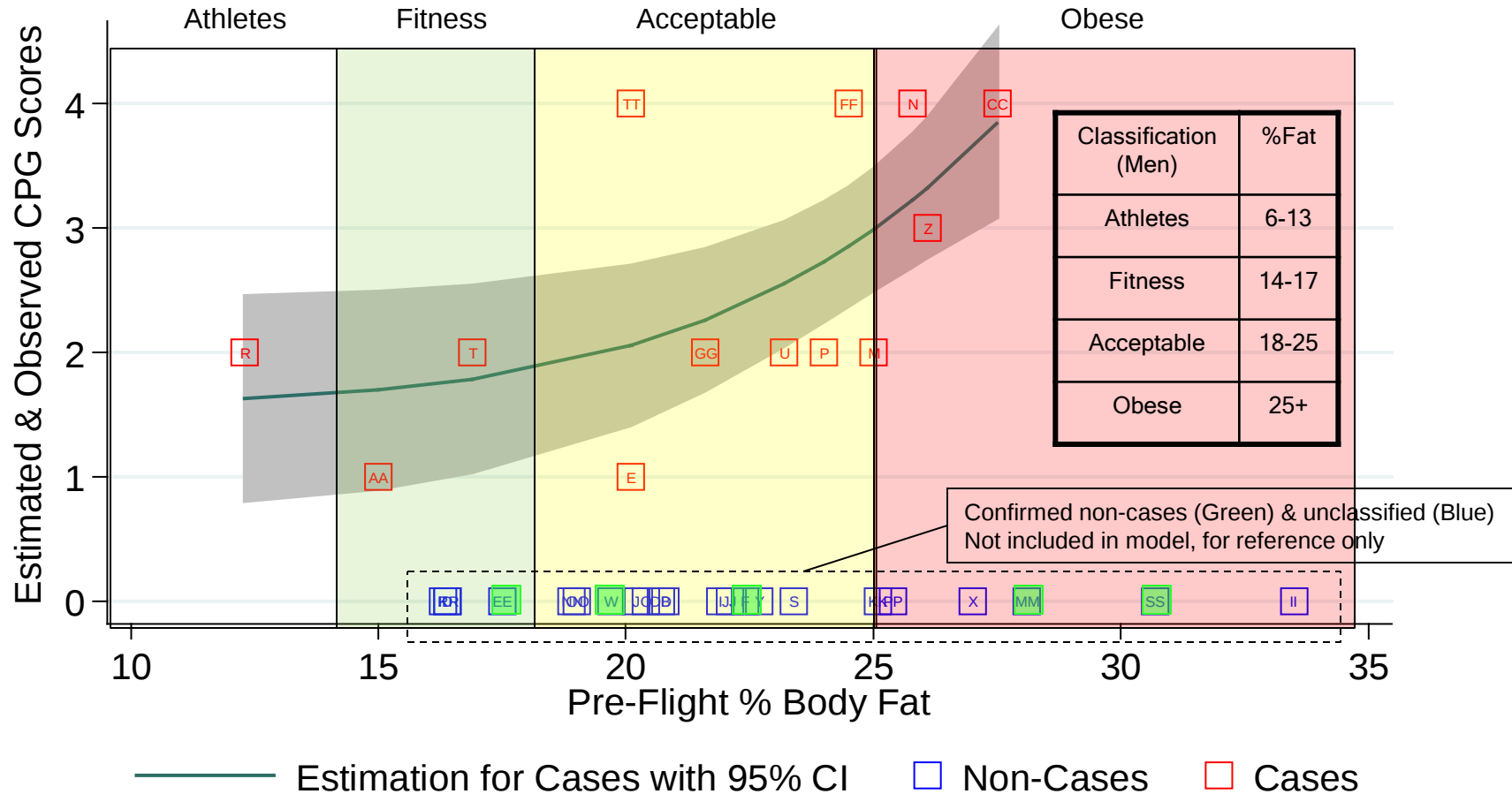




Occupational Surveillance Data Mining: Percentage Body Fat



VIIP Classification vs %Fat (Annual Preflight Exam)



Best Fit (curvilinear) for Cases; $R^2=.38$, $p<.01$

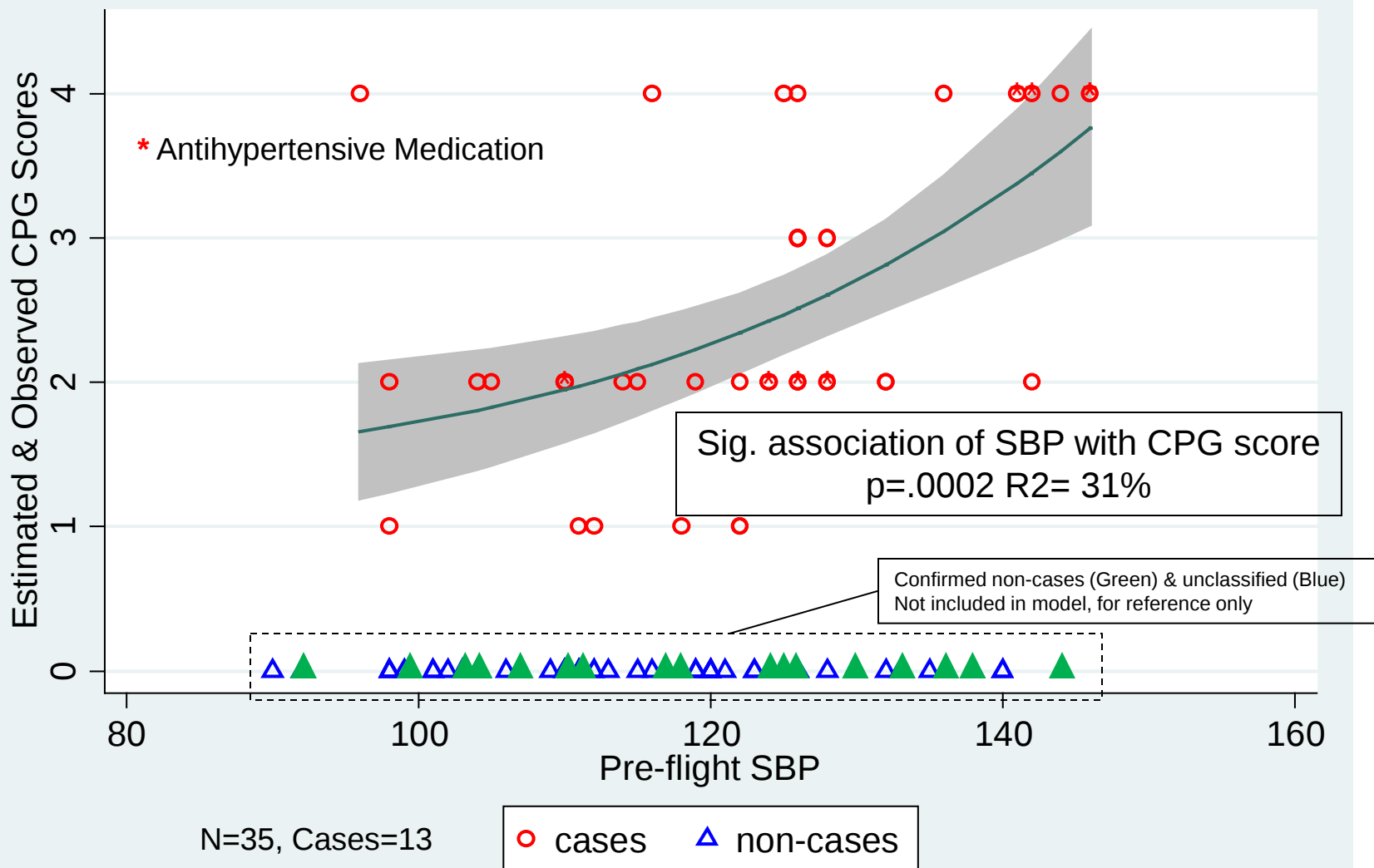
N=35, 13 Cases, total observations=35



Preflight Systolic Blood Pressure Non-Cases vs Cases per CPG



Non-Linear Estimation of CPG for Cases

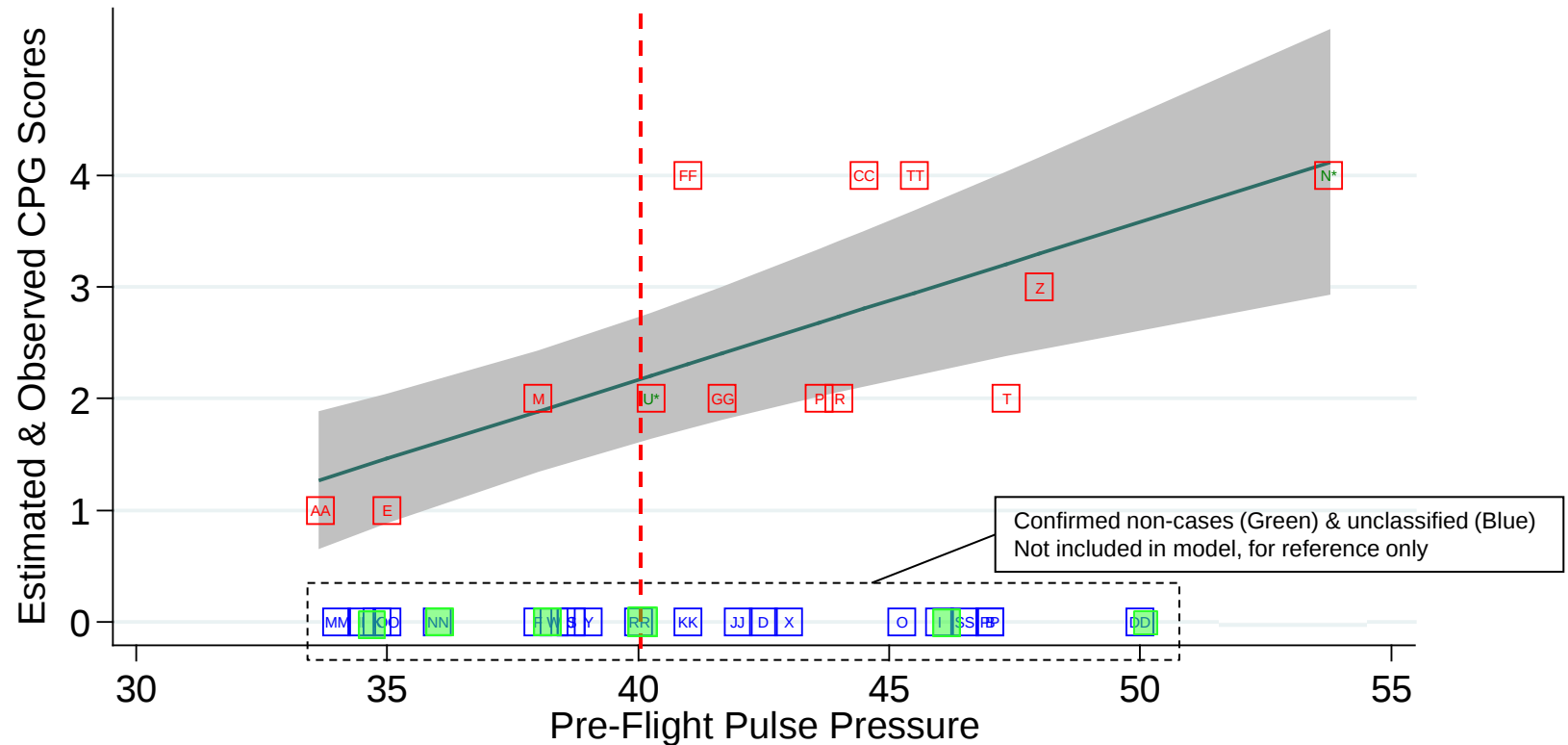




Occupational Surveillance Data Mining: Resting Pulse Pressure (Sitting)



Cases per CPG vs Pulse Pressure (Annual Preflight Exam 4-Year Mean)

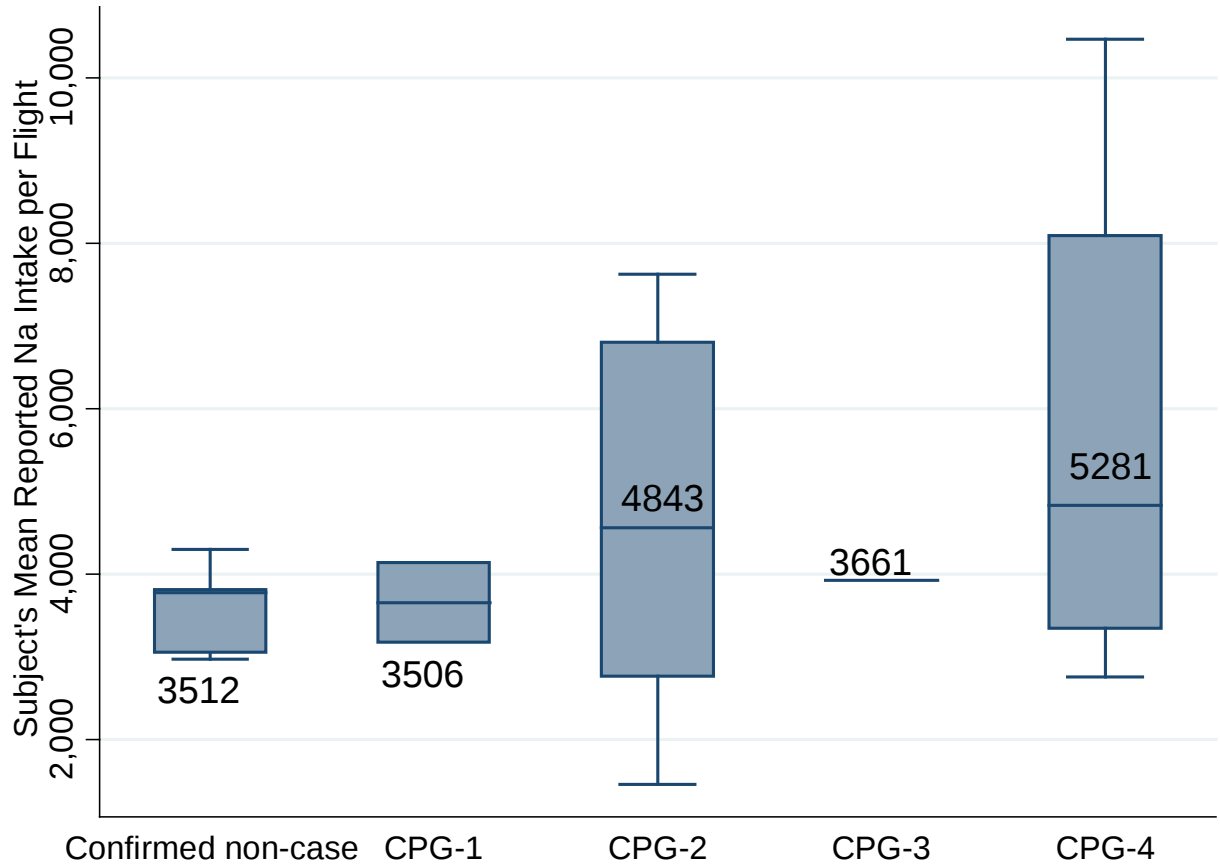


— Estimation for cases with 95% CI □ Non-Cases □ Cases

Best Fit (curvilinear) for Cases; $R^2=.45$ (including BP meds predictor), $p<.01$



Self Reported ISS Inflight Daily Sodium Intake



- Current recommended daily sodium limit = 2300mg/day
- If 51y or high BP, recommended limit=1500mg/day
- Applies to majority of U.S. adults

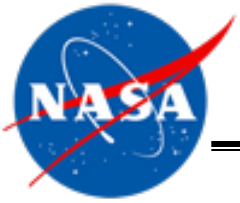
	Jackknife					
Sodiummgday	Coef.	Std. Err.	z	P> z	[95% Conf. Interval]	
-----+-----						
cpg_revised	.2186174	.1105193	1.98	0.048	.0020036	.4352312...yes ... positive, but weak



Occupational Data Mining in ISS Astronauts: Cardiovascular Variables Correlating with CPG



Cardiovascular Variable	Significant Correlation Across CPG Classification	R ²	P value
Biochemistry:			
LDL	√	0.43	P<0.02
HDL	-	0.22	P<0.09
Triglycerides	-	-	
Hemoglobin A1c	√	-	P<0.01
Fasting serum glucose	√	0.125	P<0.008
Homocysteine	√	-	P<0.01
Oral sodium intake	√	0.22	P<0.05
Body Composition:			
Body Mass Index	√	0.41	P<0.01
Percentage Body Fat	√	0.38	P<0.01
Cardiac:			
Resting systolic blood pressure (pre-in-post flight)	√	0.31	P<0.0002
Pulse Pressure (pre-in-post flight)	√	0.45	P<0.01
CT Coronary Calcium Score	-	-	-
Aerobic Capacity:			
Decreased Maximal Oxygen Uptake	√	-	P<0.04



Key Brain Areas Affected by Fluid Shift

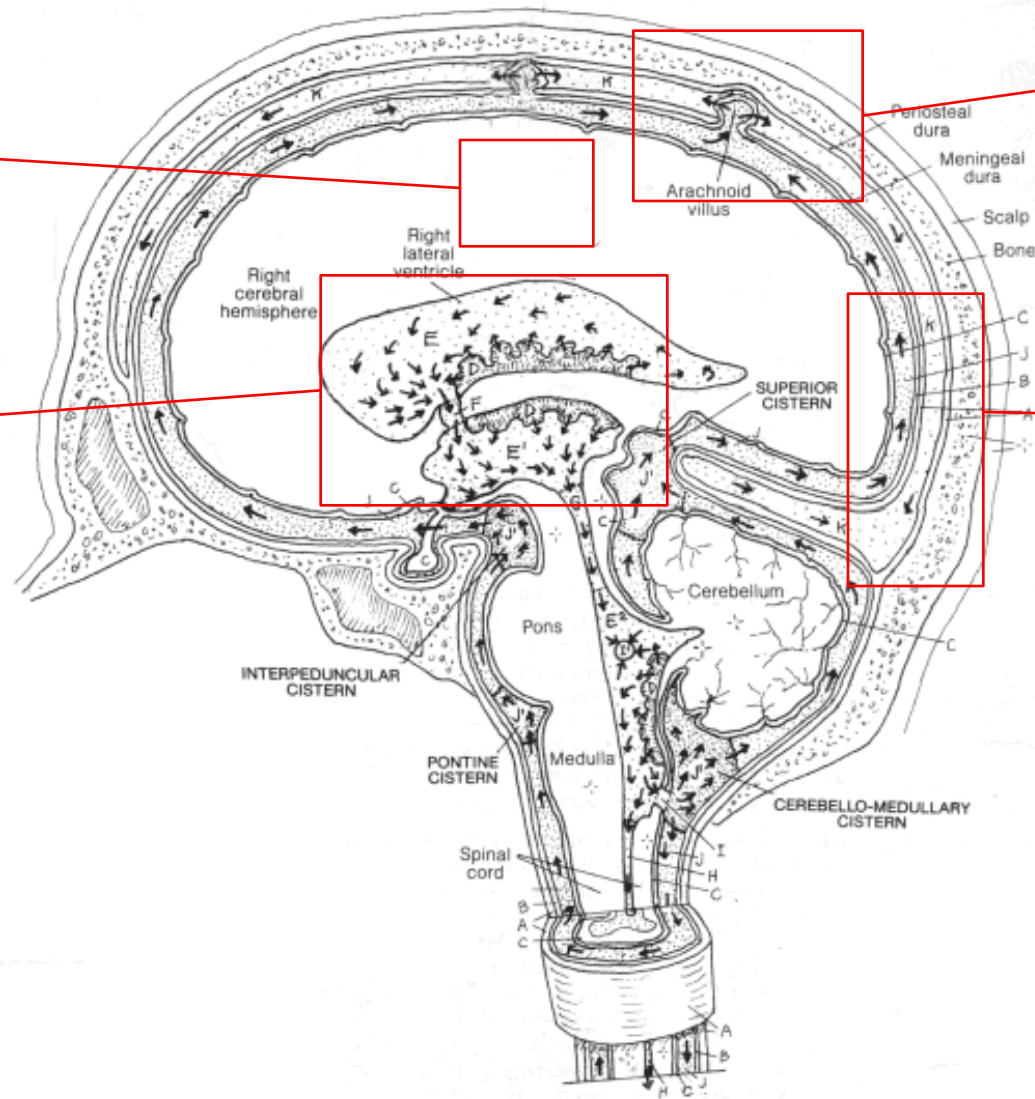


Interstitial fluid

CSF Production

CSF Resorption
(AG-Venous/Lymphatic)

Venous
Congestion

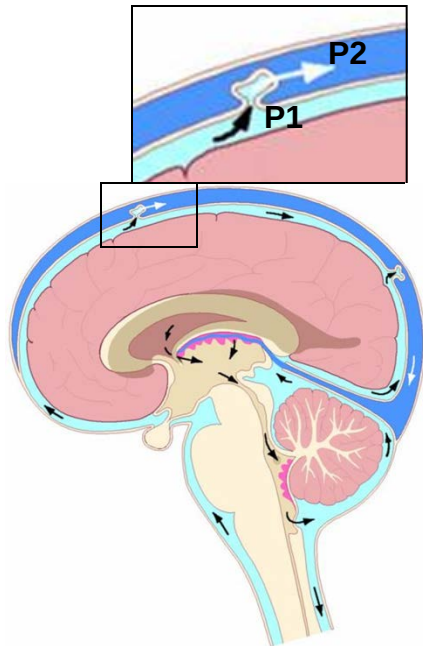




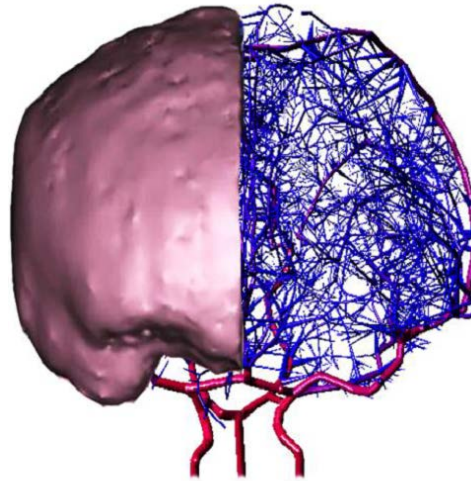
Pressure and Compliance Changes in the Craniospinal Axis



CSF & Venous

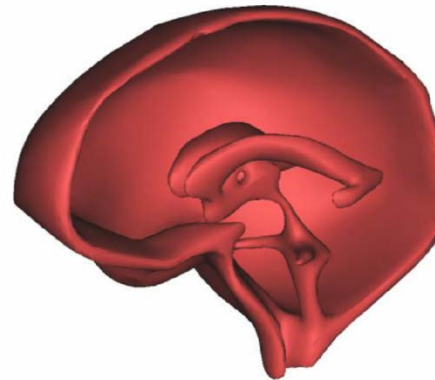


Venous ($\uparrow P_2$)

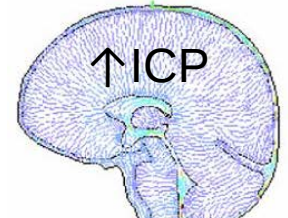


Resistance to cerebral
venous drainage

CSF ($\uparrow P_1$)

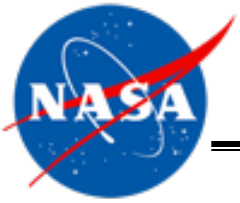


Craniospinal
Axis

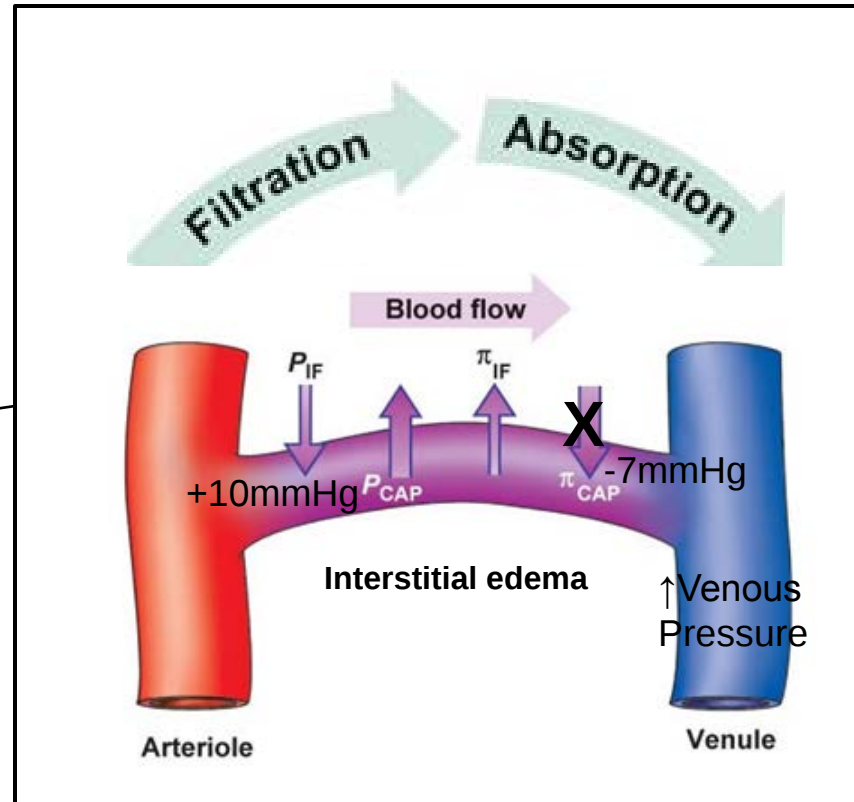
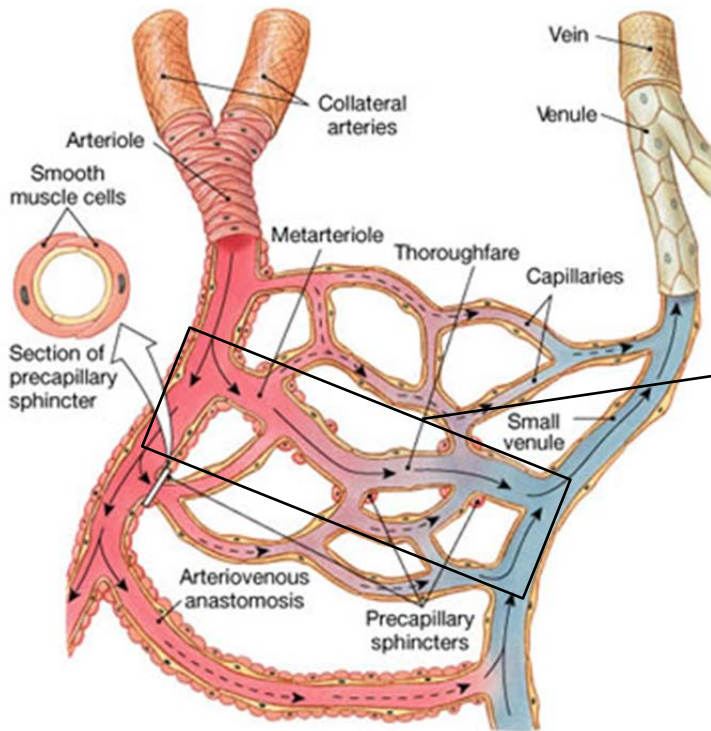


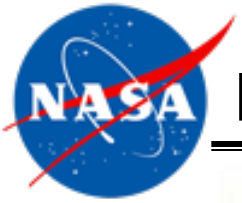
Resistance to cranial
CSF displacement

$$ICP = CSF_{out\ resistance} \times CSF_{formation} + SSS_{pressure}$$

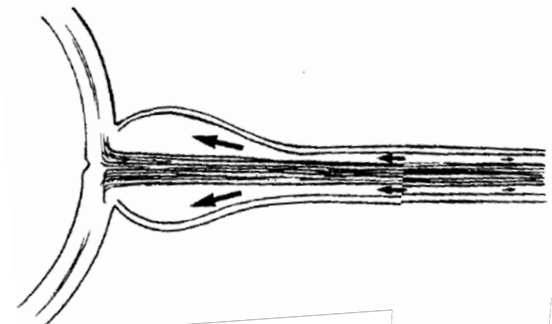
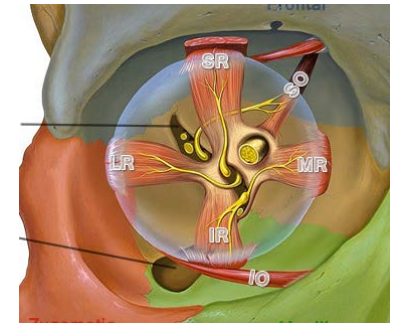
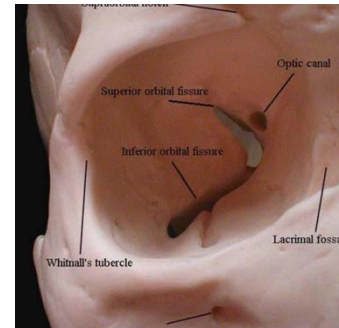
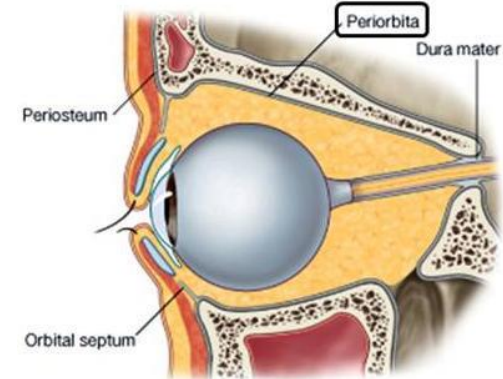
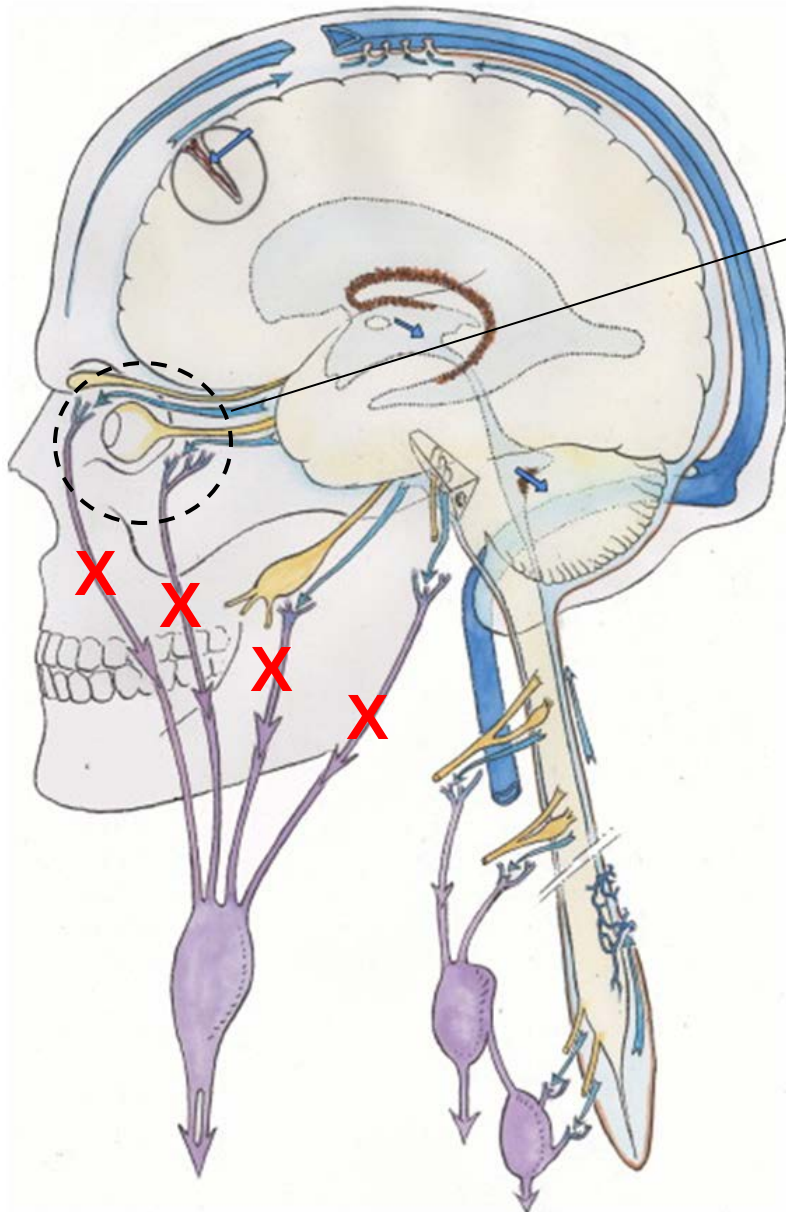


Venous Congestion May Cause Increased Transcapillary Pressure & Decreased Absorption





Venous Congestion & Interstitial Edema Inhibit Lymphatic CSF Drainage-Impacts on Optic Nerve

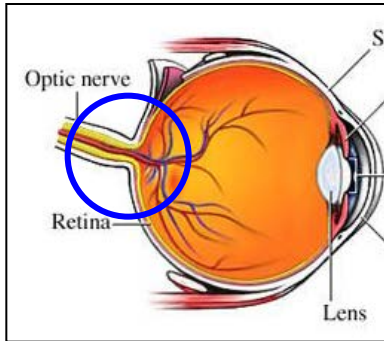




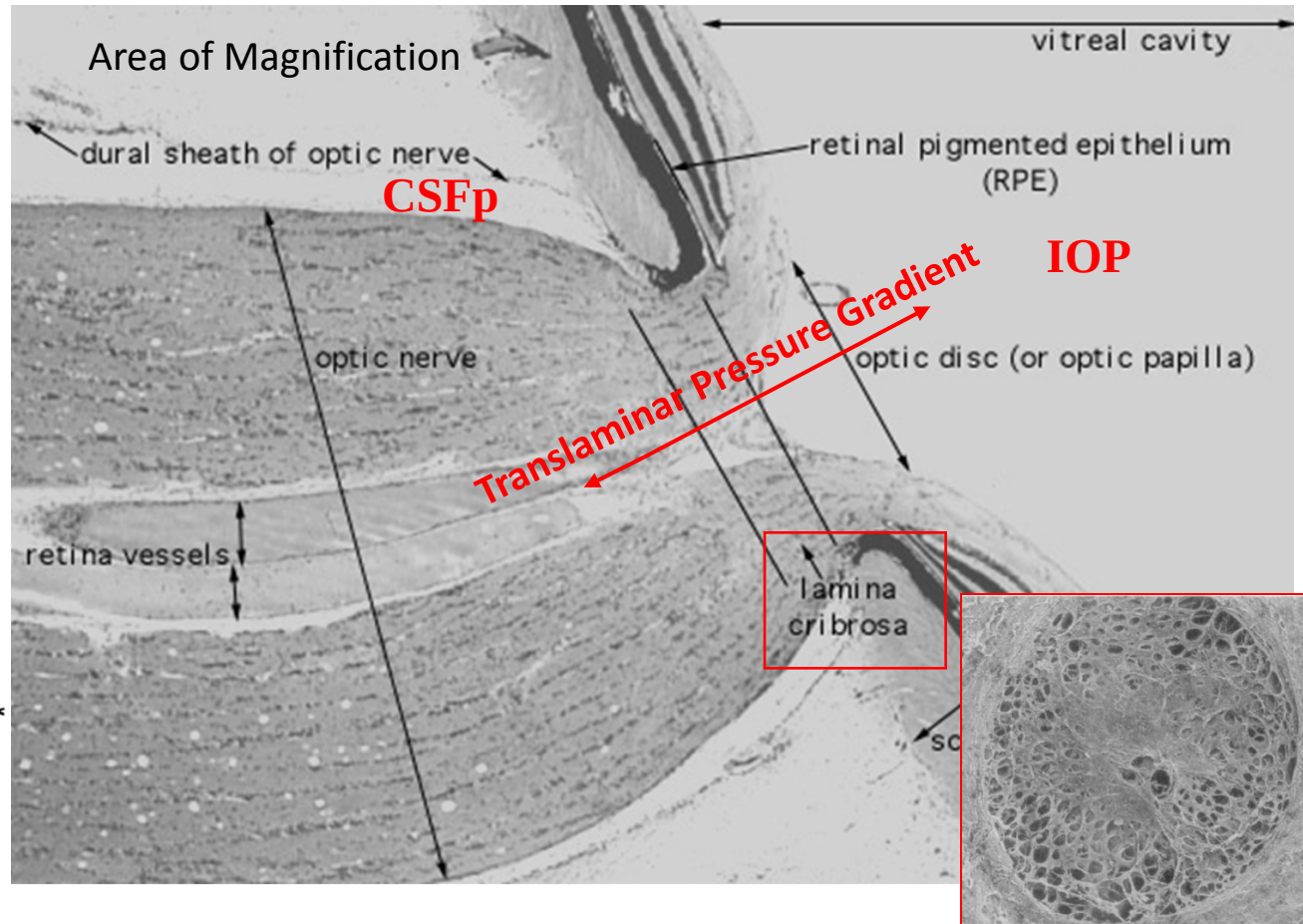
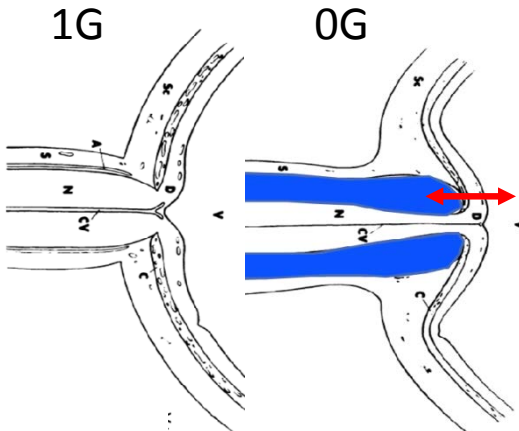
The Translaminar Pressure Gradient: A Mechanism for Papilledema



Area of Interest:

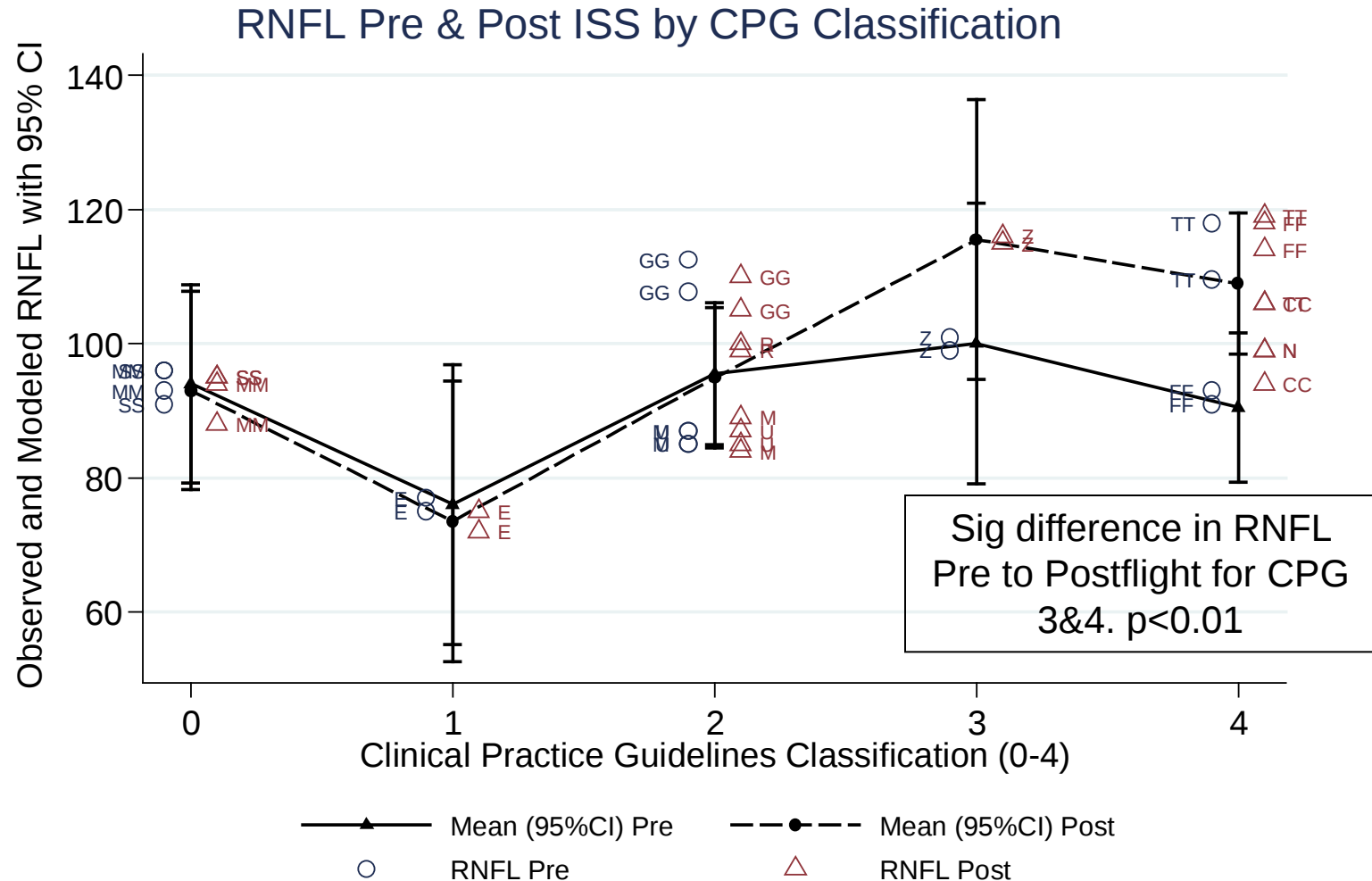


Translaminar Pressure Gradients:





OCT: Average RNFL Change in VIIP Cases Pre to Postflight





IOP for Six Shuttle Missions (12 Subjects)

Pre-flight, In-flight-Post-flight



IOP mmHg

30

25

20

15

10

5

0

Ocular Hypertension

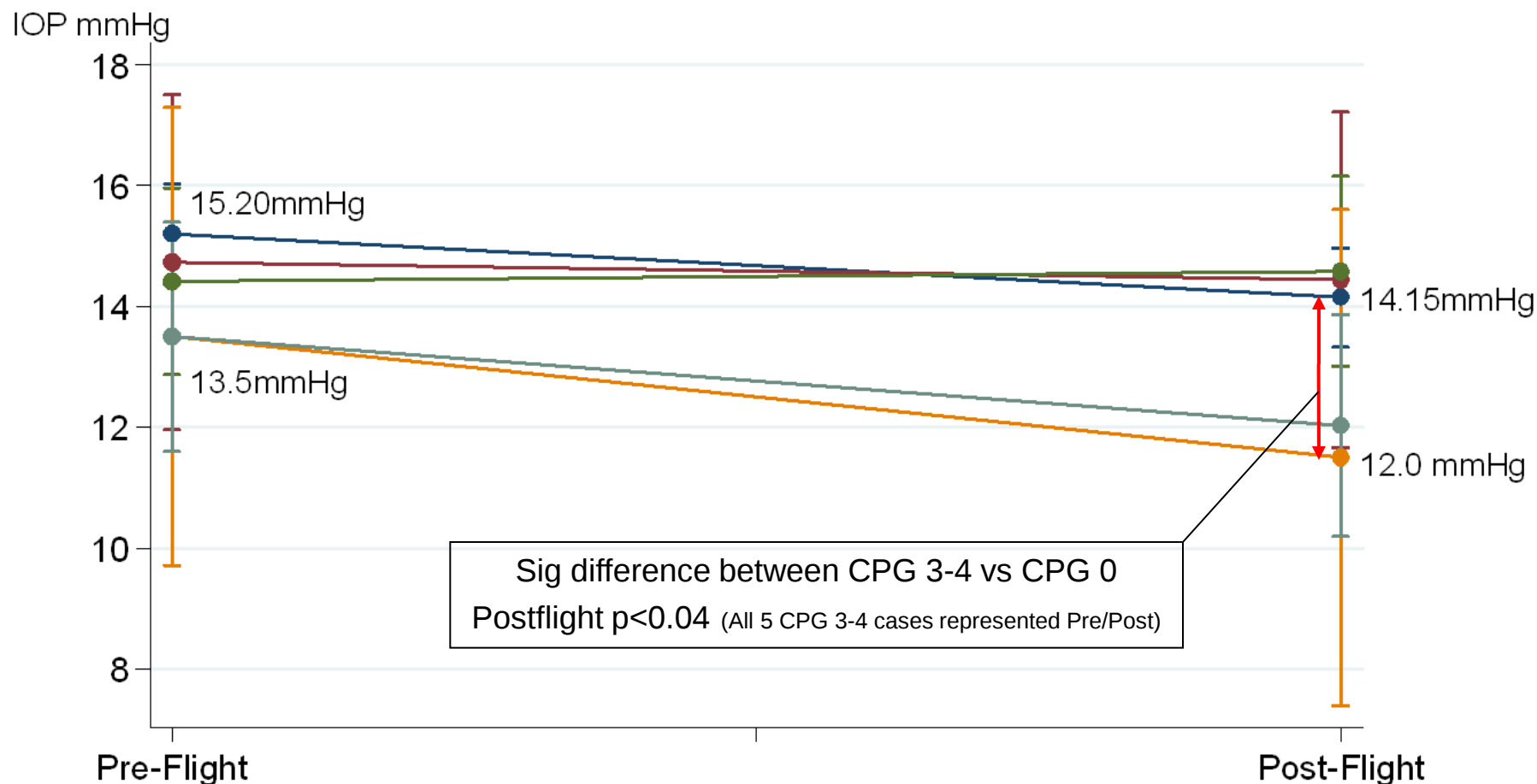
Ocular Hypotension

- Mission 1 A
- Mission 1B
- Mission 2
- Mission 3
- STS 55 1
- STS 55 2
- STS 90 1
- STS 90 2
- STS 90 3
- STS 90 4
- STS 95
Glaucoma Medically
Controlled

Pre-flight FD1 FD2 FD3 FD4 FD5 FD6 FD7 FD8 FD9 FD10 FD11 FD14 R+0 R+3 R+5 R+29

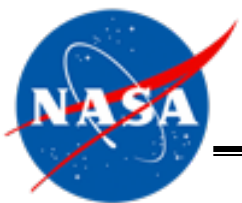


Mean IOP Pre & Postflight in ISS Crew per VIIP CPG: Does Low IOP Predispose to Papilledema Formation?

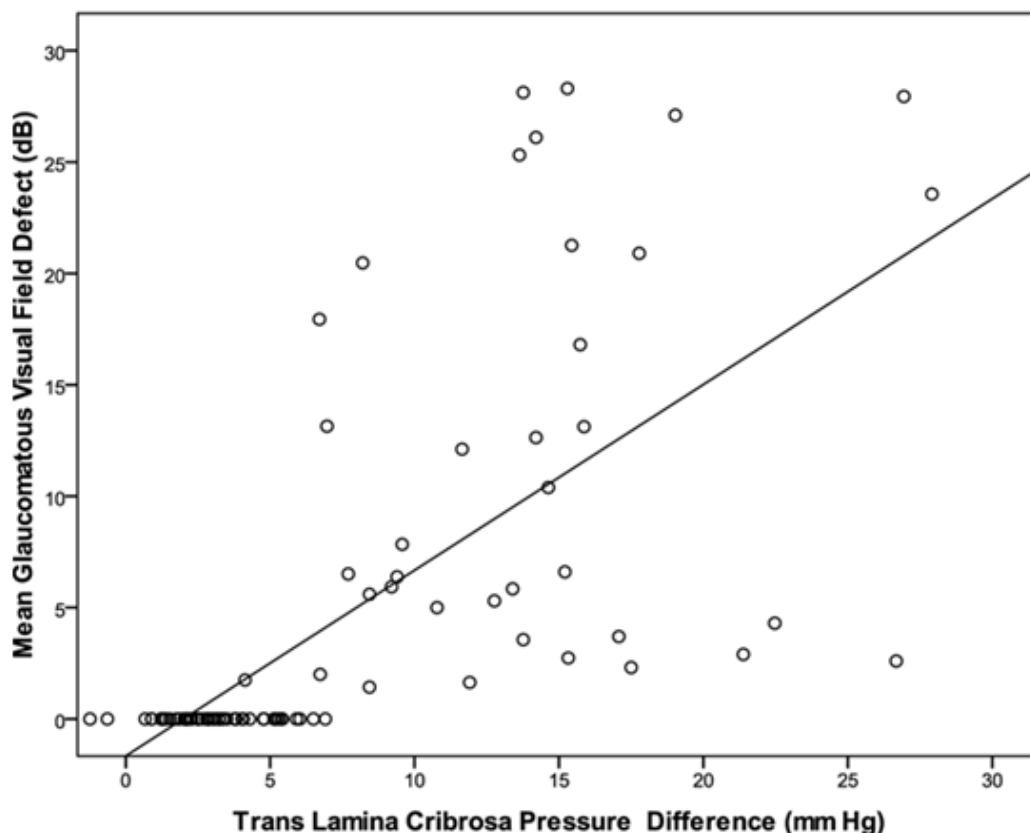


N=34, 13 cases, 7.9 Obs/subject

— cpg=0 —●— cpg=1 —●— cpg=2 —●— cpg=3 —●— cpg=4 —



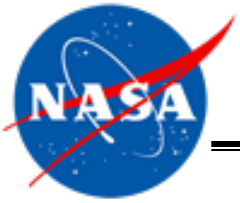
Translaminar Pressure Difference & Visual Field Defect



Examples:

ICP	IOP	TLP	Delta
10	15	-5	5
25	17	+8	13
35	17	+18	23

- Amount of glaucomatous visual field defect correlated positively with the TLP pressure difference ($P < 0.005$) $r=0.69$

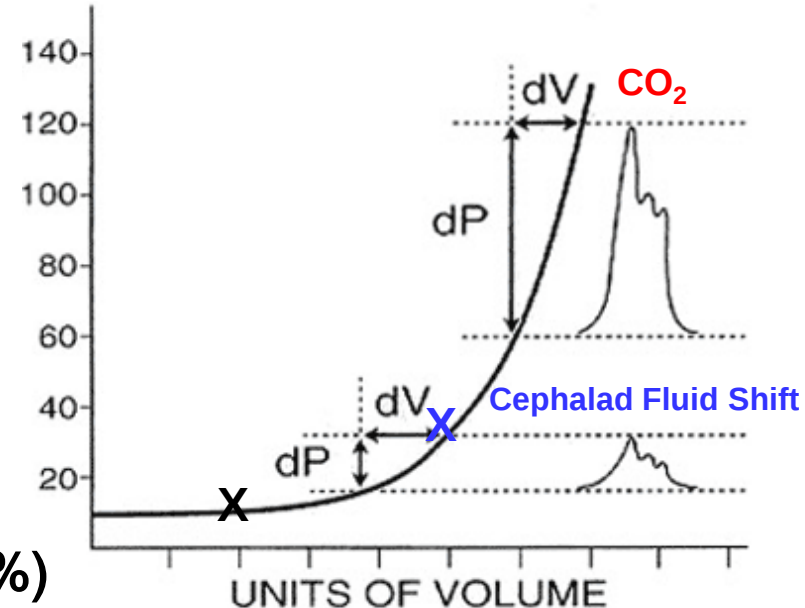


CO₂ Levels on ISS

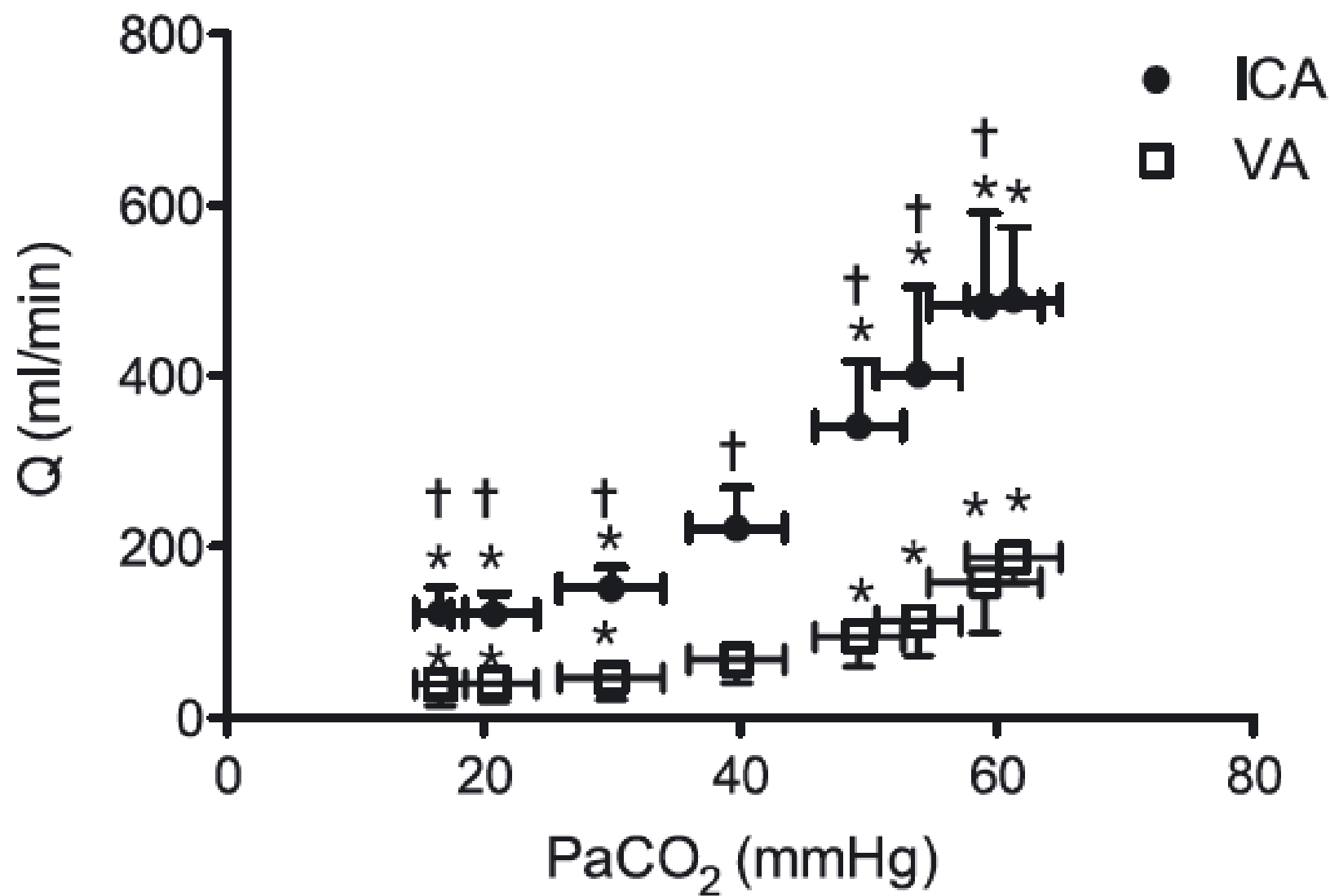


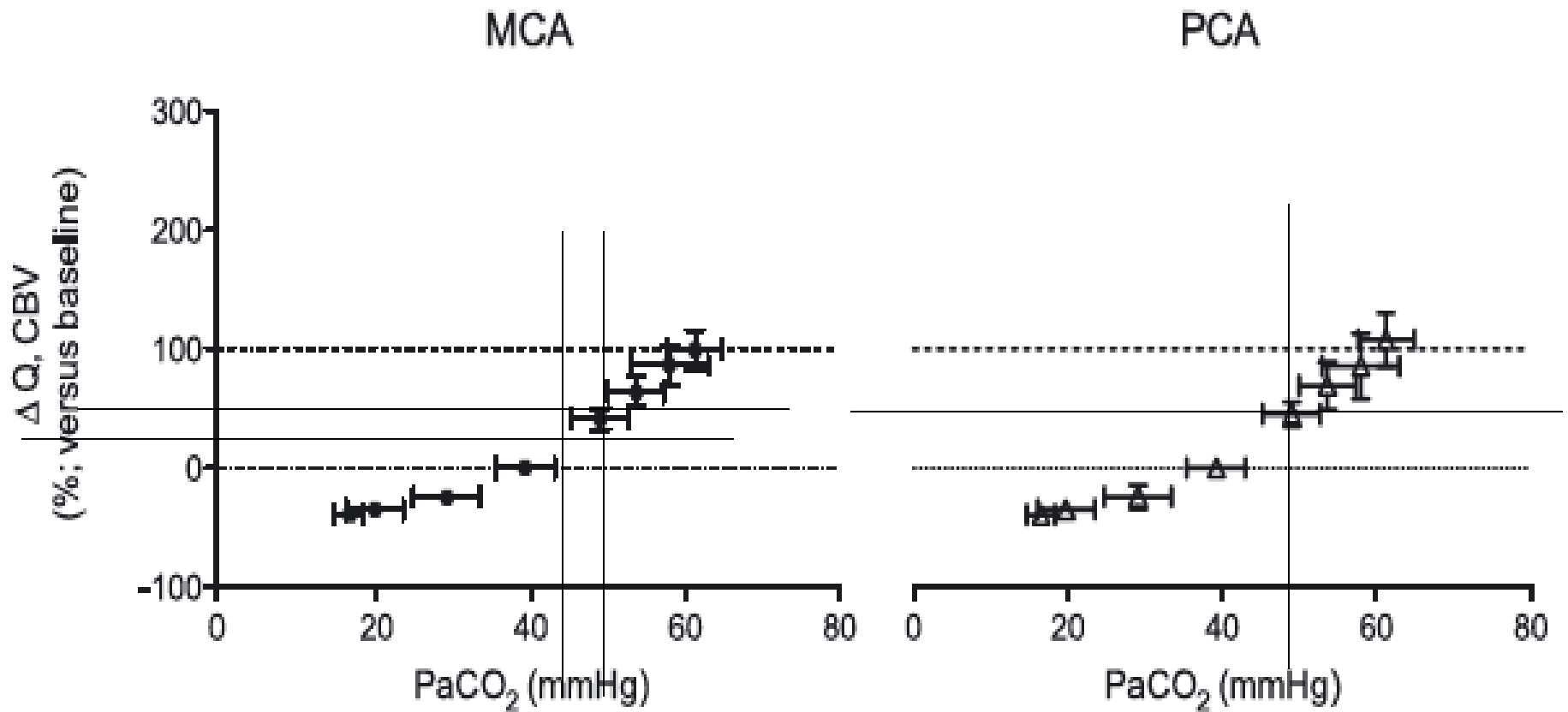
Adapted from Alperin et al. Radiology, 2000

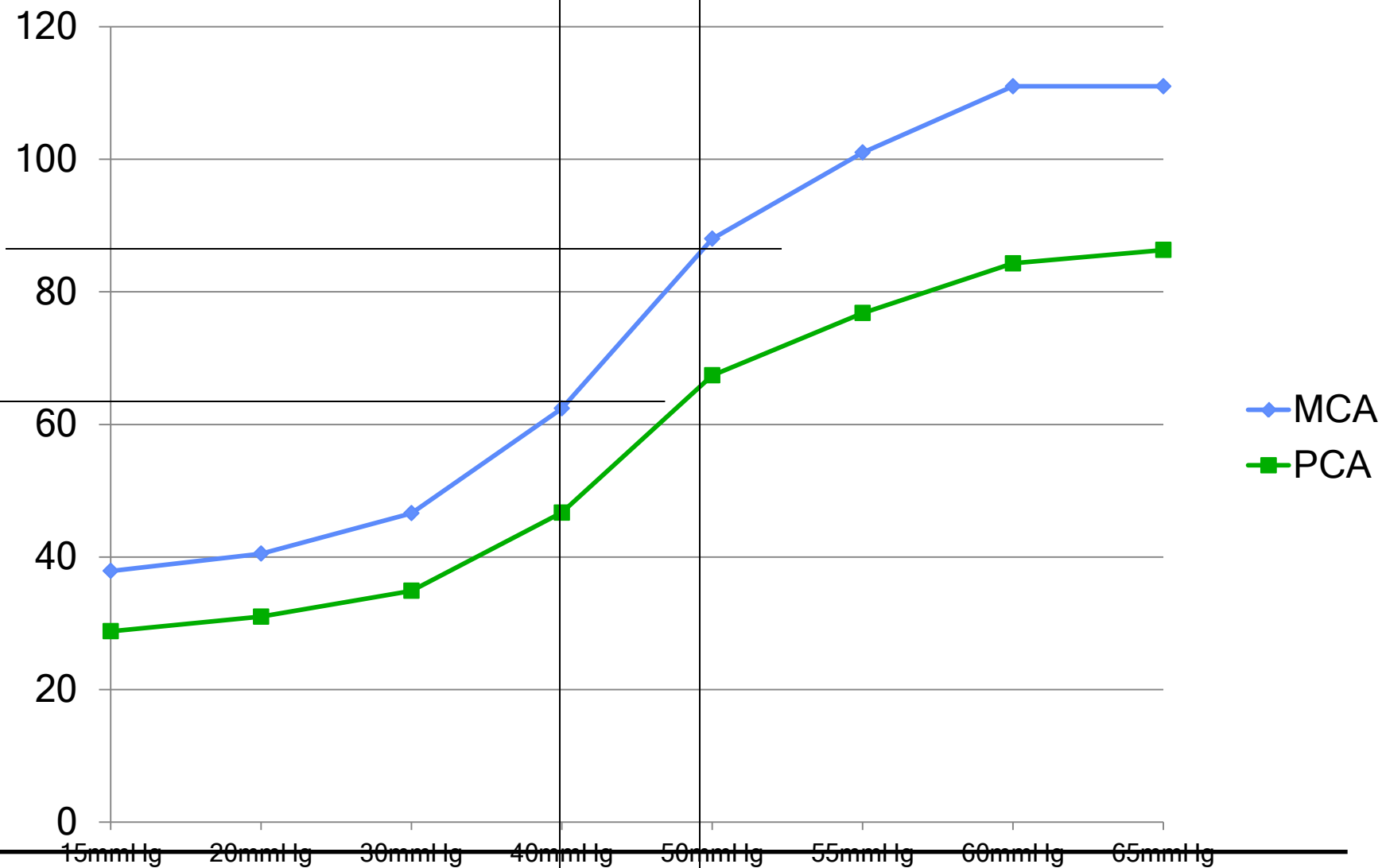
- CO₂ is an extremely potent vasodilator
 - Every 1mmHg increase PaCO₂=4% increase in dilation



- CO₂ mission average=3.56mmHg (0.33%)
 - 10x normal sea level atmospheric: 0.0314%
 - Average Peak CO₂=8.32mmHg (0.7%) (20x)
- *CO₂ may cause increased CSF production due to increased flux of HCO₃⁻ across choroid plexus & accompanying H₂O*

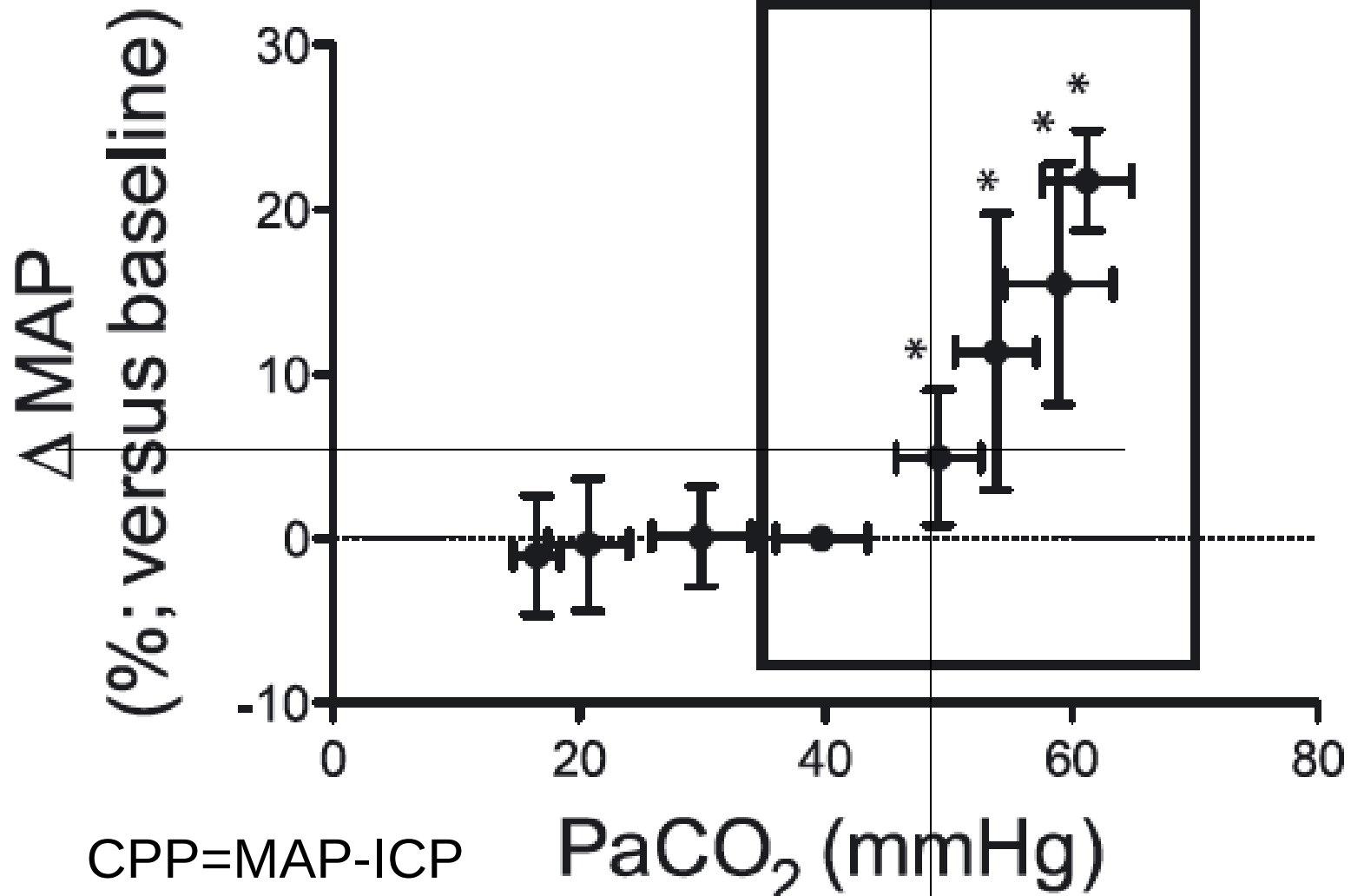






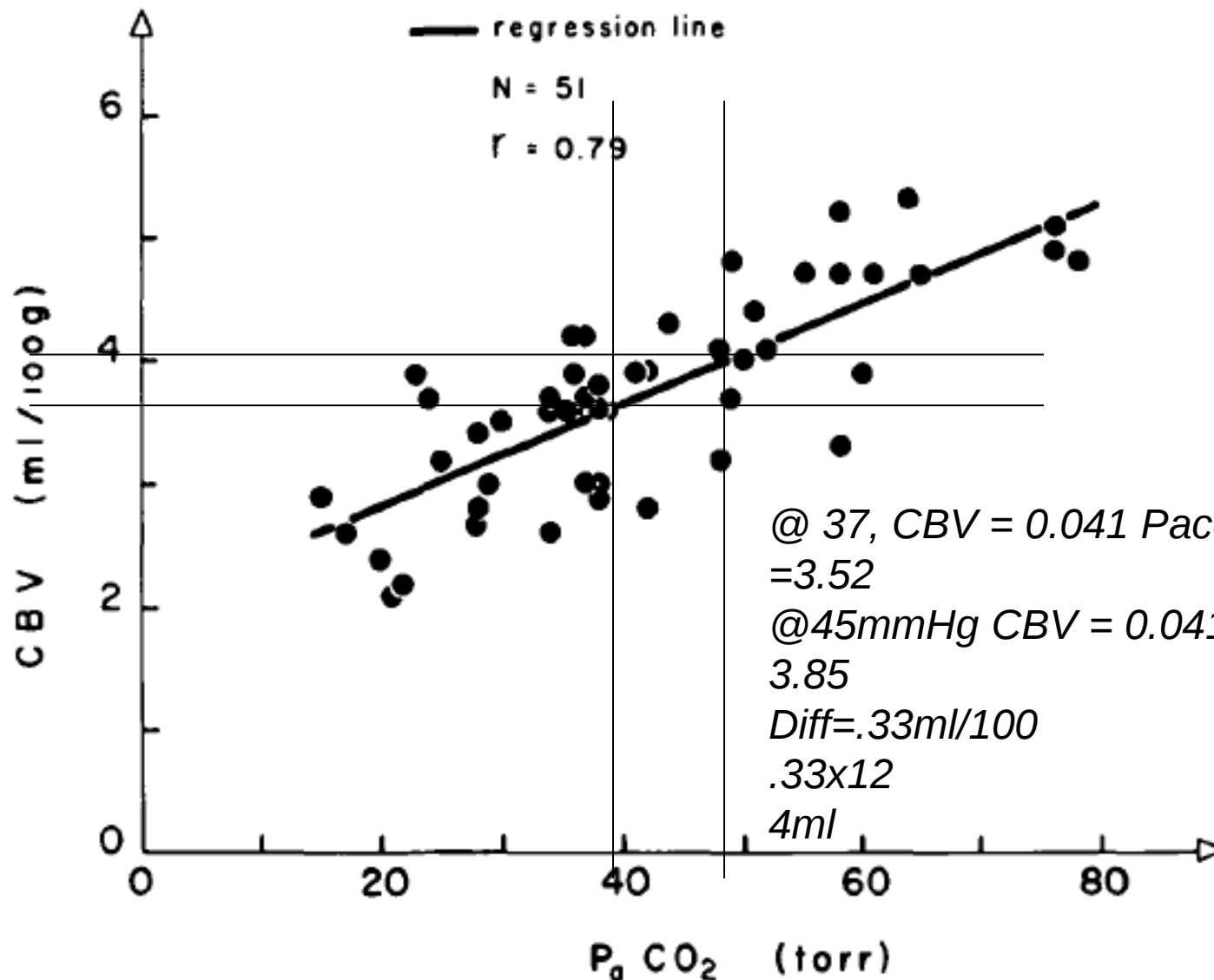


Increased BP with Elevated CO2 Causing Decreased Compliance





Cerebral Blood Volume Change with Changing PaCO₂



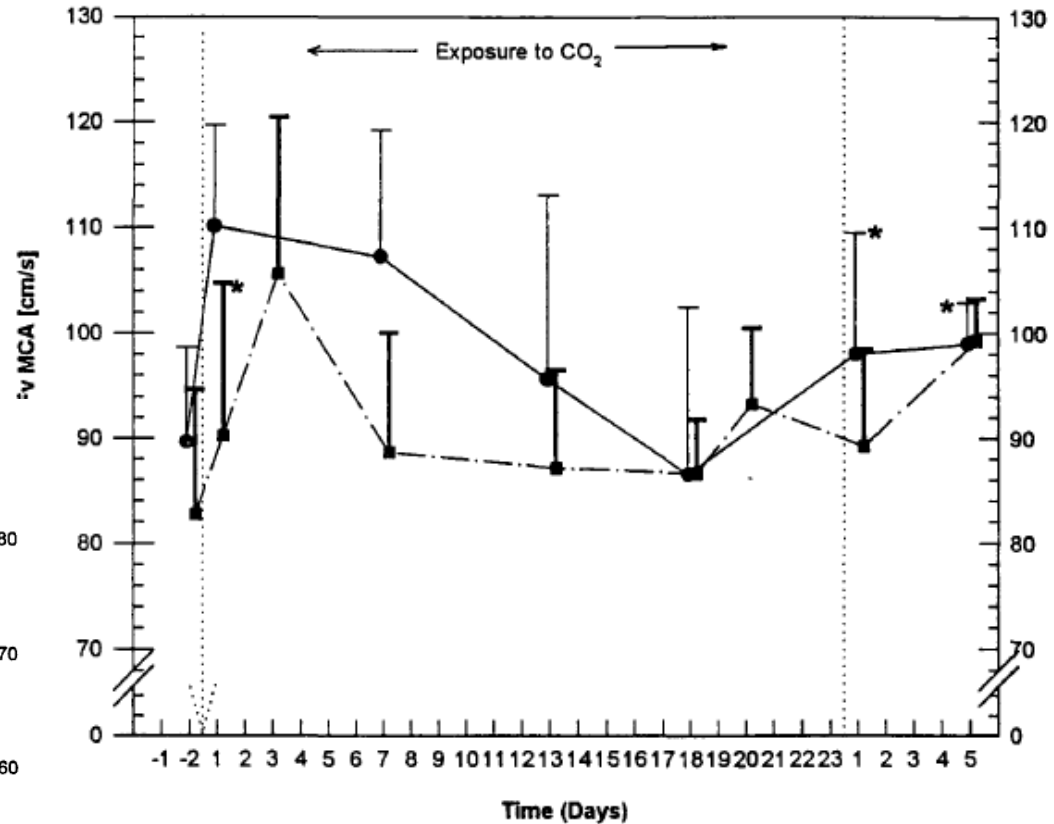


Cerebral Blood Flow Velocity During Hypercapnia & 10° HDT + Hypercapnia

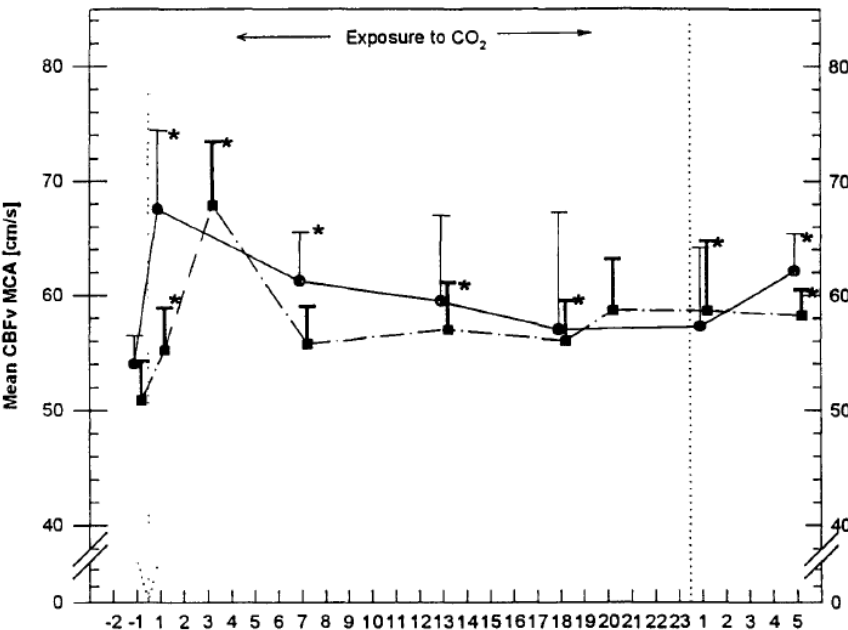


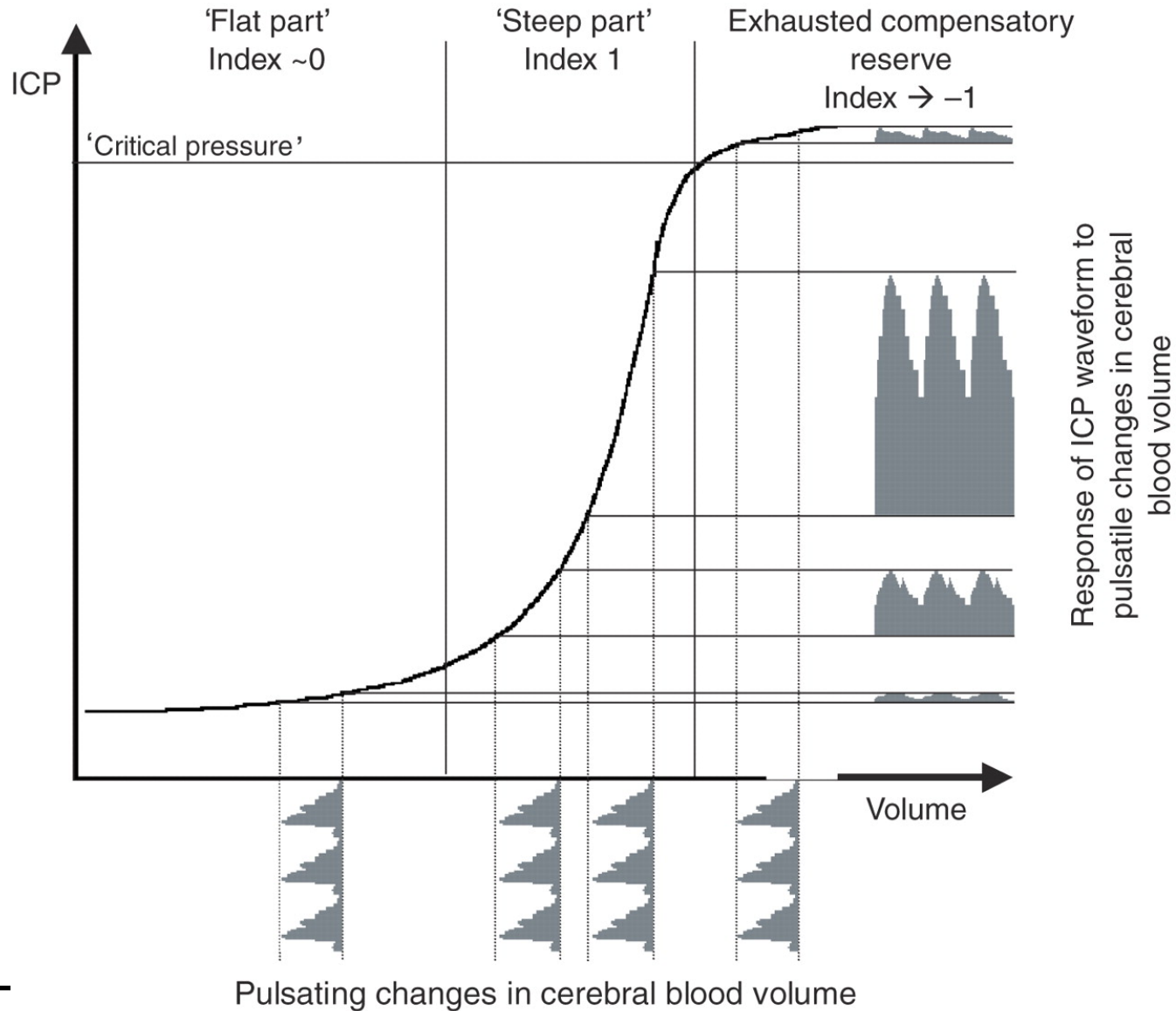
PART ONE: HYPERCAPNIA ON CEREBRAL BLOOD FLOW—SLIWKA ET AL.

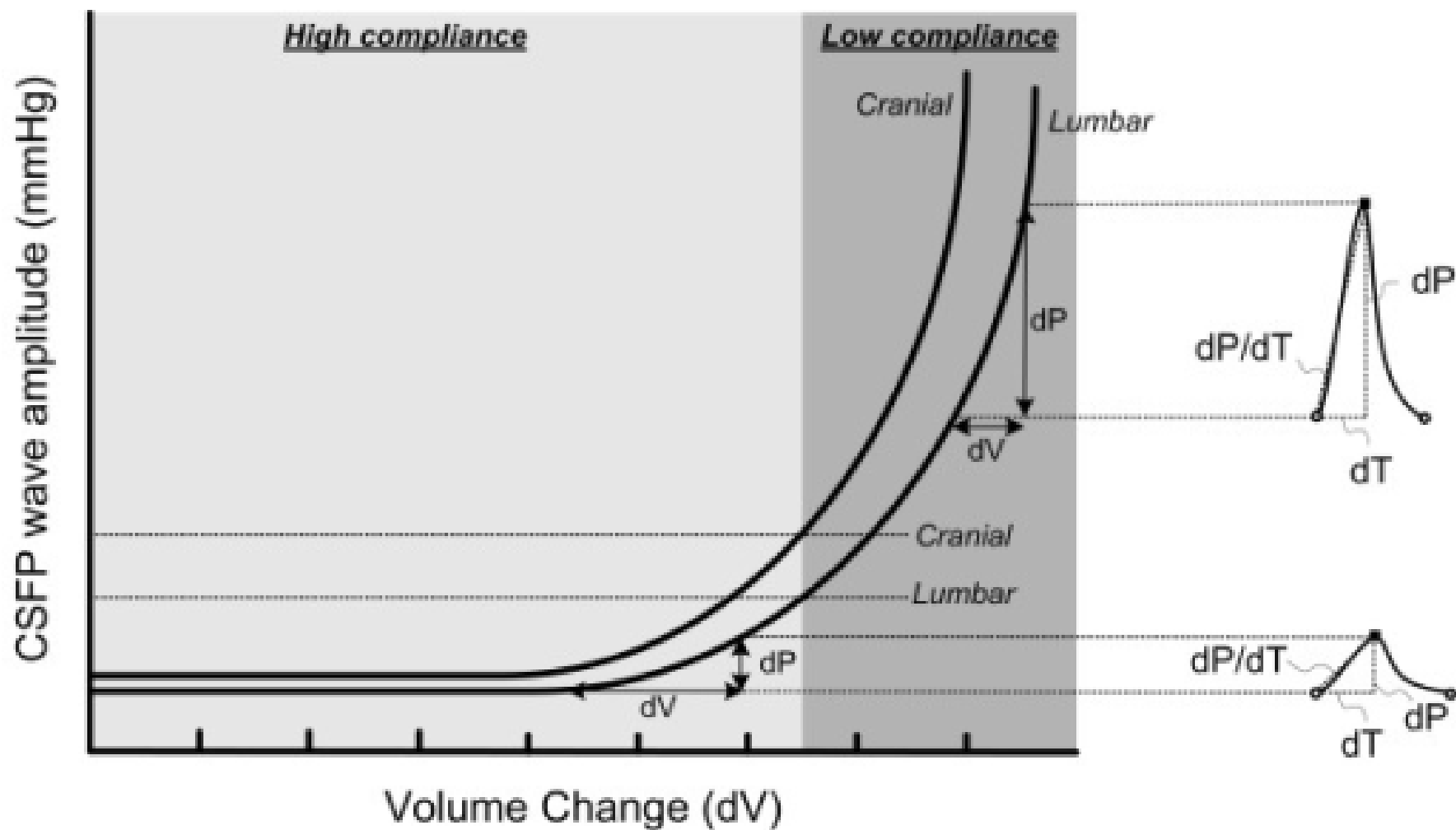
Cerebral Blood Flow Velocity (CBFv): Left Middle Cerebral Artery (MCA)
Mean CBFv MCA [cm/s]: 10° HDT + Rebreathing Test



Cerebral Blood Flow Velocity (CBFv): Left Middle Cerebral Artery (MCA)
Mean CBFv MCA [cm/s]: 180° supine









Data mining - Contributions of CO₂ to the VIIP syndrome



- **PI:** TBD
- **Aims:** This retrospective data mining effort will evaluate the in-flight CO₂ levels during flight with the time course of identified visual changes experienced by crew members to determine if increase CO₂ levels could be a contributing factor to the VIIP syndrome.
- Zwart et al. 2012 found a difference in CO₂ concentrations between cases and non-cases:
 - In-flight cabin CO₂ concentrations were higher ($P < 0.05$) for OC+ (N=5) than OC- astronauts (N=15).

	FD15	FD30	FD60	FD120	FD180
Cabin CO ₂ , mm Hg					
OC-	2.6 ± 1.4	2.9 ± 1.3	2.9 ± 0.9	2.6 ± 1.2	2.9 ± 0.6
OC+ *	3.6 ± 0.7	3.7 ± 0.5	3.8 ± 0.5	3.3 ± 0.8	3.1 ± 1.1



Limit Resistive Training:

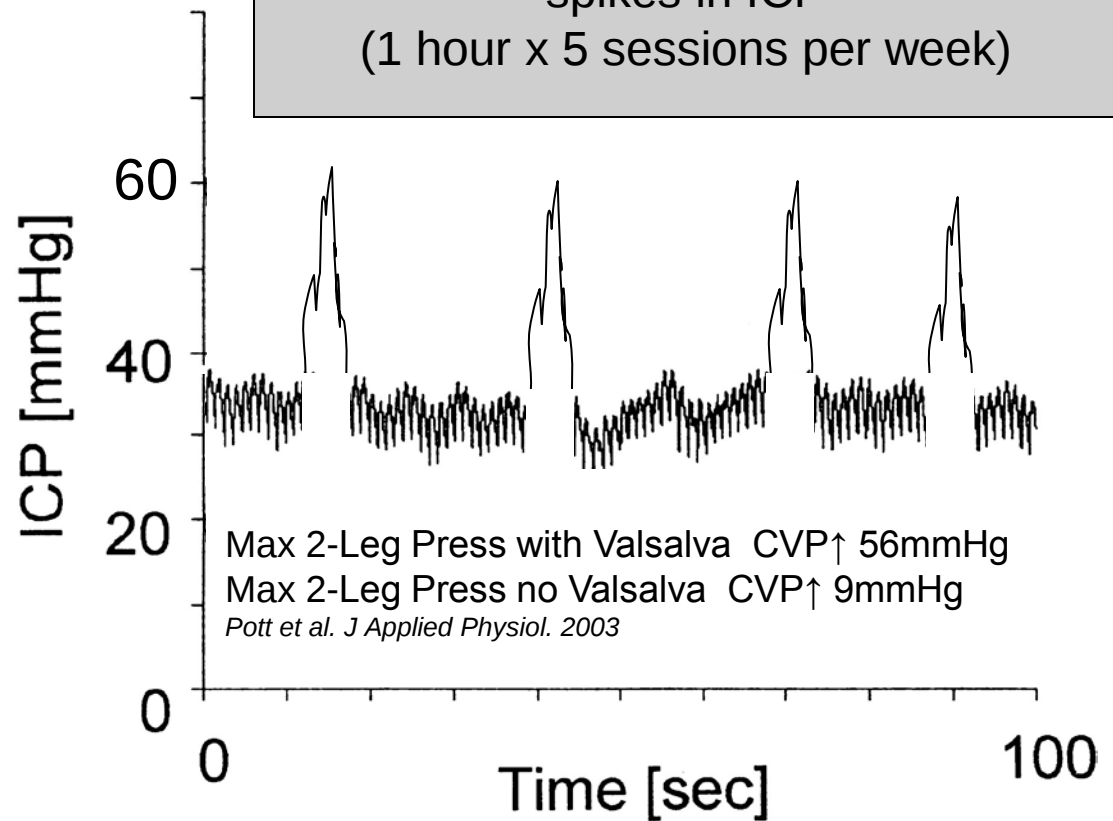


Resistive Exercise

Does in-flight resistance training cause additional transient elevations in ICP?



Resistive Exercise Repetitions causing spikes in ICP
(1 hour x 5 sessions per week)





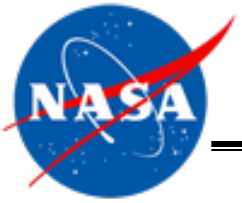
Microgravity Dose Response for the VIIP?



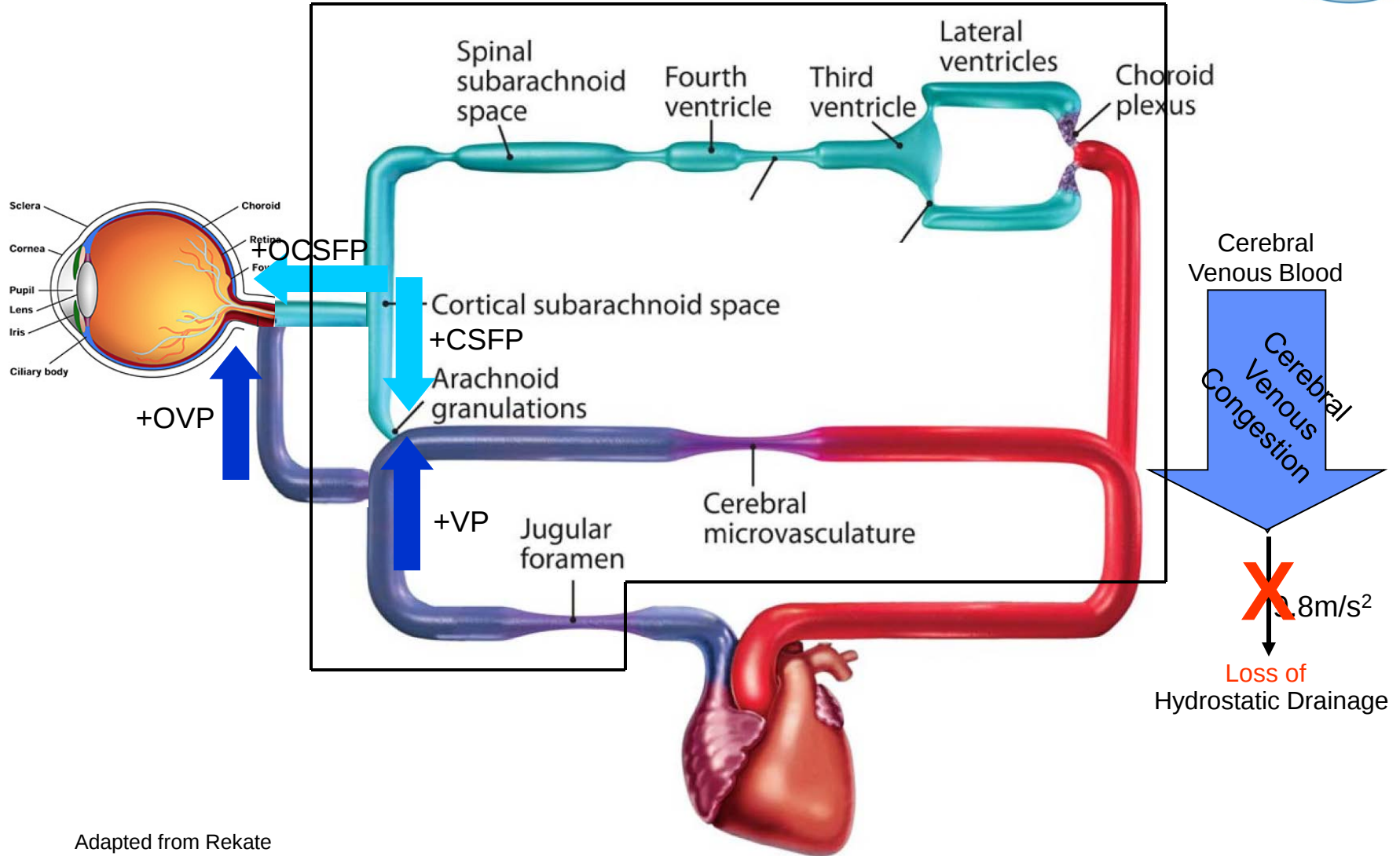
- Kramer et. al. *Orbital and Intracranial Effects of Microgravity: Findings at 3-T MR Imaging*. Radiology: Vol 263:3 2012
- N=27 Astronauts, mean time to MR imaging was 606 days +/- 822
- 18 group 1 astronauts underwent imaging more than 100 days after flight
- Consistently higher percentage of findings for group with greater microgravity exposure, and increased severity of findings.

Cumulative Lifetime Exposure to Microgravity Relative to Imaging Findings

Time in UG	No. Subjects	Globe Flattening	Optic Nerve Sheath Kinking	ONSD>5.9 mm	Optic Disc Protrusion	Moderate or Greater Pituitary Concavity
<30d (Short)	12	1	1	5	0	0
>30d (Long)	15	6	3	9	4	3



A Working Model: Potential Interaction of the CNS, Vascular, & Ocular System in the VIIP



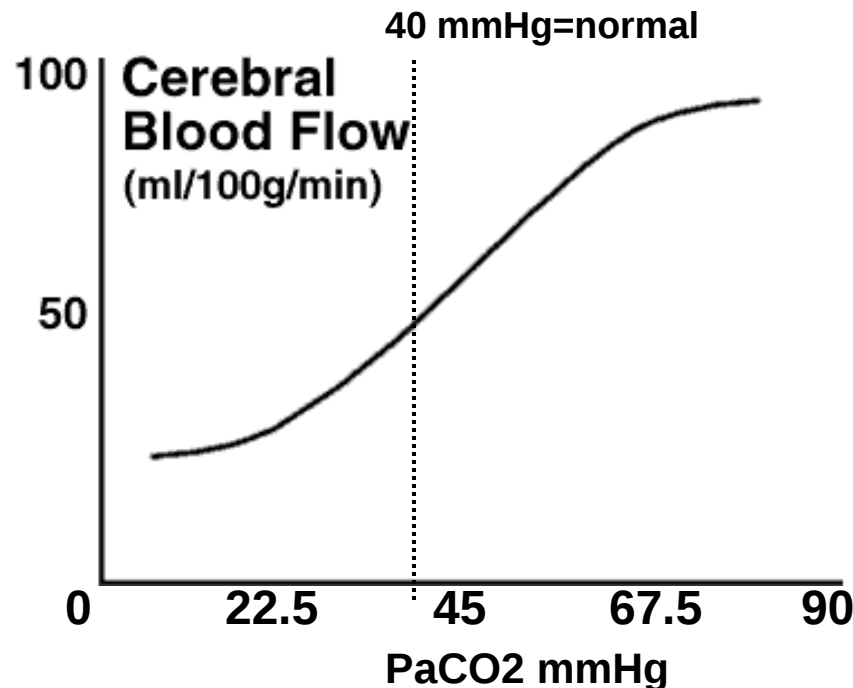
Adapted from ReKate



Supplemental O2 as a Treatment Option

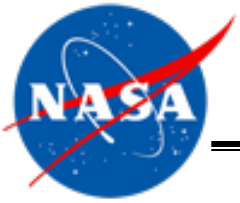


- As the arterial tension of CO₂ rises, CBF increases, when it is reduced vasoconstriction is induced.
- Hyperventilation can lead to a mean reduction in intracranial pressure of about 50% within 2-30 minutes.



Supplemental O₂ to drive down PaCO₂ & venous congestion/ICP



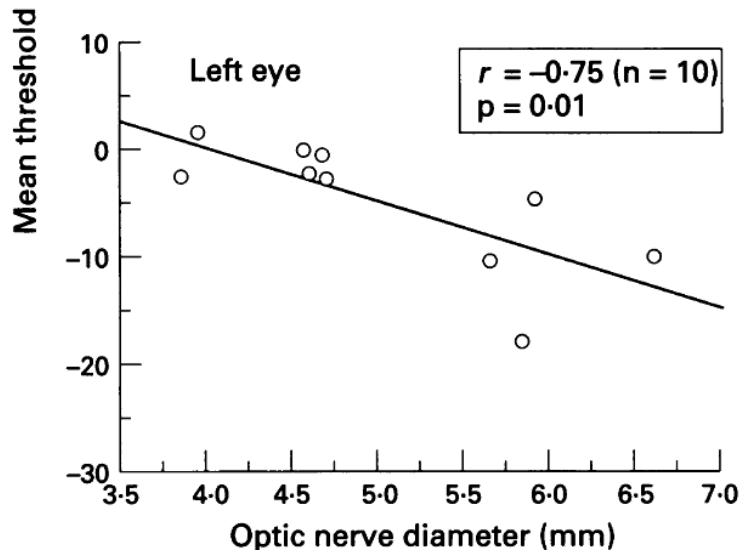


Correlation of ONSD & Visual Field Deficit

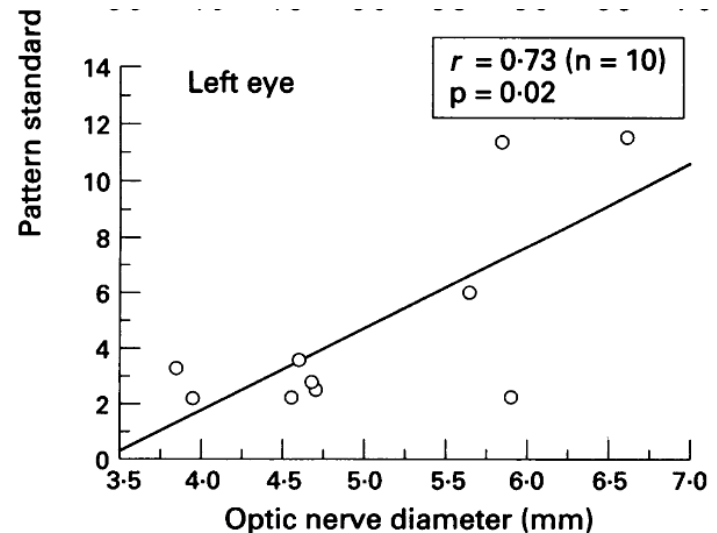


- T. Salgarello et al. *Optic nerve diameters and perimetric thresholds in idiopathic intracranial hypertension*. British Journal of Ophthalmology 1996;80:509-514
- 20 patients with IIH (mean age=47) papilledema grade 1.1(range 0-4), 20 controls
- CSF pressure=260-320mmH₂O, Mean duration disease=7.65 years
- Perimetric defects in 70% of eyes (28/40)
- Deficit associated with papilledema grade

MD: Average deviation from age matched controls



PSD: Measure of visual field irregularities

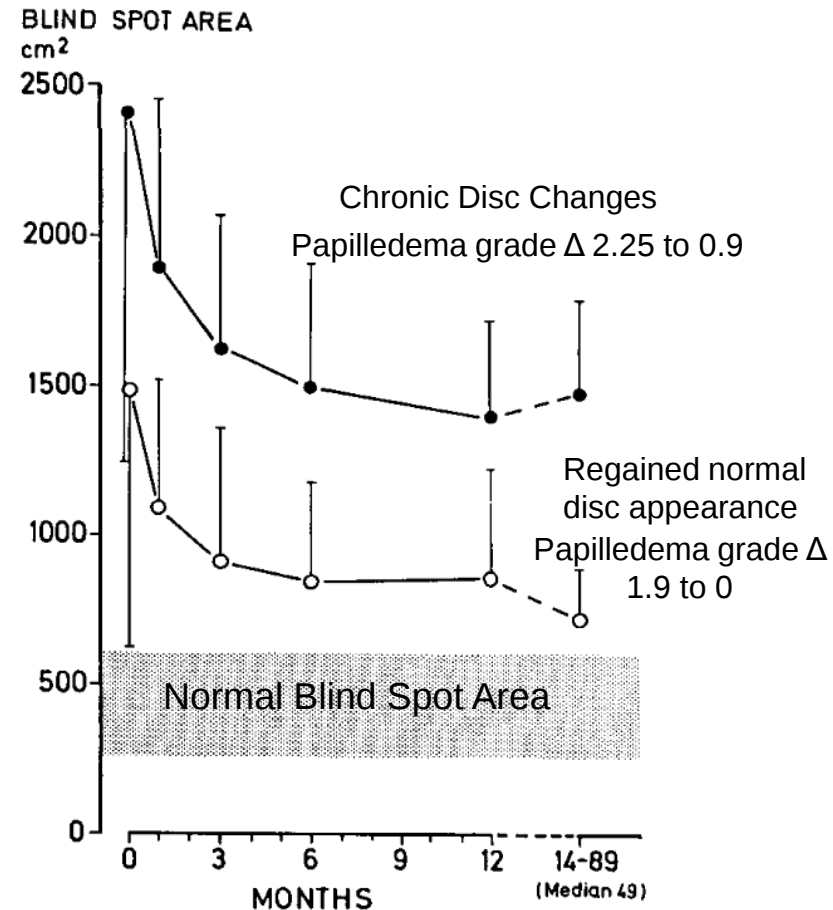




Blind Spot Enlargement Following Papilledema



- Sorenson et al. Clinical course and prognosis of pseudotumor cerebri. A prospective study of 24 patients. Acto Neurol Scand., 1988:77:164-172
- 24 IIH patients, symptoms present 1-30 months
- Median CSFp=25mm Hg (range 8-45), all had papilledema initially
- Followed for 49 months, treated with Diamox and diuretics 6-18 months
- Patients who regained normal disc (50%) had shorter duration of disease (median=4 months) vs those who developed chronic changes (median=12months)
- Visual field testing not conducted



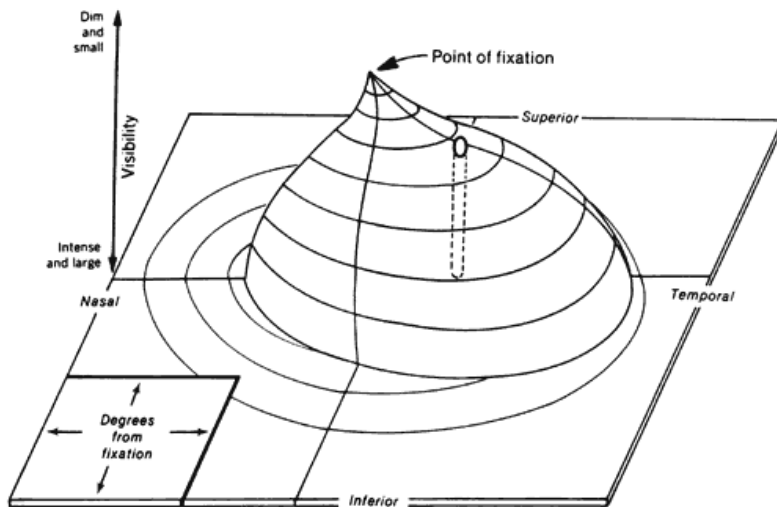


Visual Loss Associated with Papilledema Grade

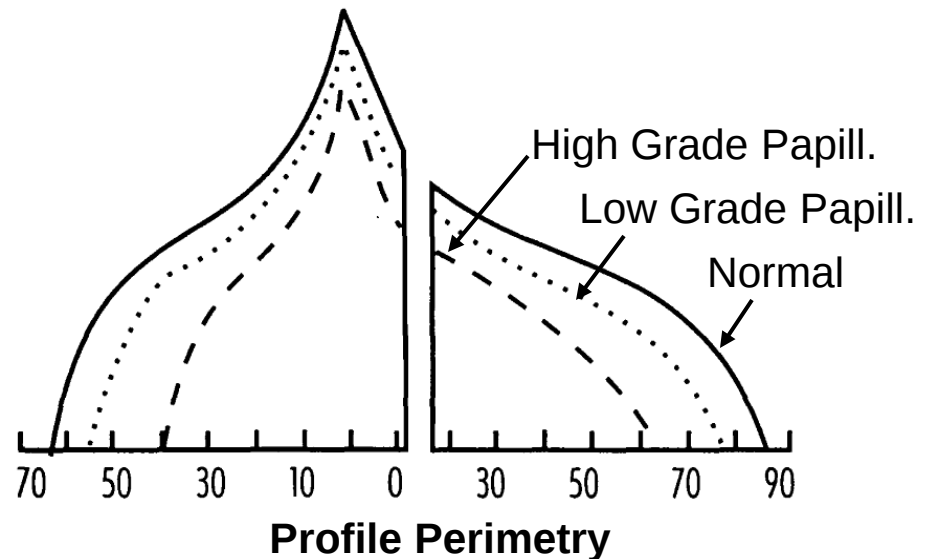


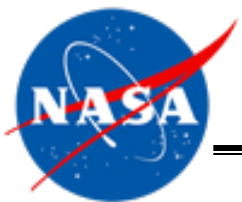
- *M. Wall. Asymmetric Papilledema in Idiopathic Intracranial Hypertension: Prospective Interocular Comparison of Sensory Visual Function. IOVS, Jan. 1998, Vol. 39, No. 1*
- 9 IIH patients (mean age=31.8) with asymmetric papilledema 2+ grade diff.
 - High grade=3 (2-5) vs Low grade=1 (0-2)
- Mean CSFp=347.2 mm H₂O
- Visual loss most prominent in eye with higher grade papilledema
- High grade papilledema should be regarded as a risk factor for visual loss

The Visual Island



Depression of the visual island with increasing papilledema grade



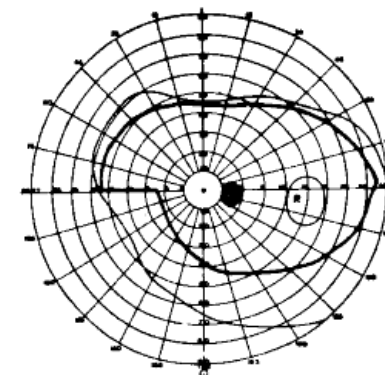
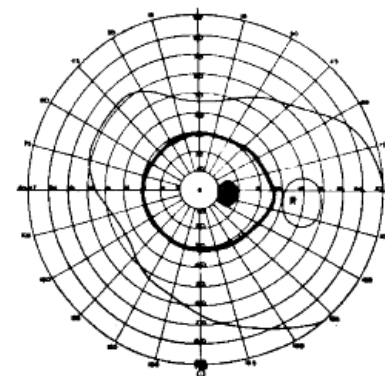


Mild Papilledema and Visual Field Loss

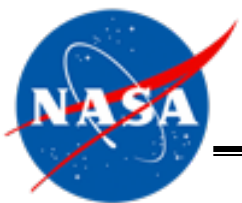


- *G. Rebolleda et al. Follow-up of Mild Papilledema in Idiopathic Intracranial Hypertension with Optical Coherence Tomography. IOVS. 2009 Vol 50, No 11*
- N=22, mean age=40, recent diagnosis of IIH
- Mild papilledema, mean= Frisen 2 (range 1-3)
- Mean CSFp=35cmH₂O (range 25.5-45)
- 1 Year follow-up:
 - Perimetry: 66% normal VF, 18% enlargement blind spot, 16% irreversible field loss
 - OCT: 10 RNFL thinner than normal (3 visual field constriction, 3 inferonasal defects, 1 had a scotoma)
- RNFL swelling and attrition may occur simultaneously
- Perimetry needed with OCT, since OCT cannot distinguish between decreased swelling vs axonal loss
- *Both OCT and perimetry required for F/U*

PERIPHERAL CONSTRICTION



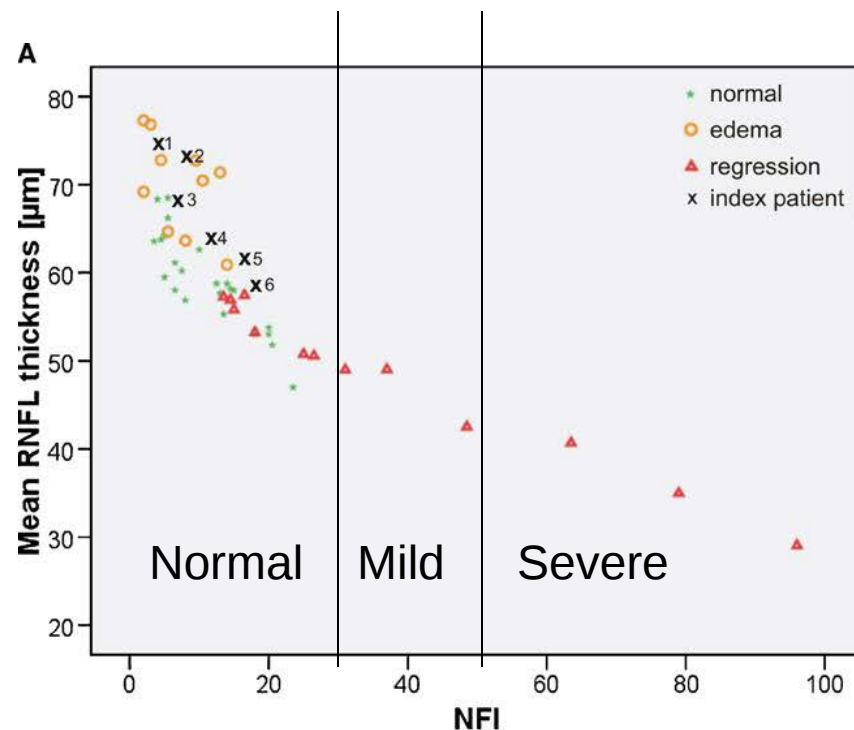
INFERO-NASAL STEP



Visual Field Damage Following Regression of Papilledema



- R. Laemmer. *Detection of nerve fiber atrophy in apparently effectively treated papilledema in idiopathic intracranial hypertension*. Graefes Arch Clin Exp Ophthalmol (2010) 248:1787-1793
- 23 IIH patients, mean age 33.8, 23 controls
- Mean follow-up in patients with regression of papilledema=27 months
- 8/13 (63%) regressive papilledema group had mild-moderate concentric visual field damage-superior and inferior regions
- Patients with papilledema, only 1/10 detectable visual field loss
- Data show significant reduction RNFL as a sign of axon loss in patients with apparently treated papilledema
- Minor loss of axons will be masked by structure of retina, with overlapping receptive fields. Thus, 40% of RNFL may be lost before occurrence of visual field damage





Microgravity Dose Response for the VIIP?



- Kramer et. al. *Orbital and Intracranial Effects of Microgravity: Findings at 3-T MR Imaging*. Radiology: Vol 263:3 2012
- N=27 Astronauts, mean time to MR imaging was 606 days +/- 822
- 18 group 1 astronauts underwent imaging more than 100 days after flight
- Consistently higher percentage of findings for group with greater microgravity exposure, and increased severity of findings.

Cumulative Lifetime Exposure to Microgravity Relative to Imaging Findings

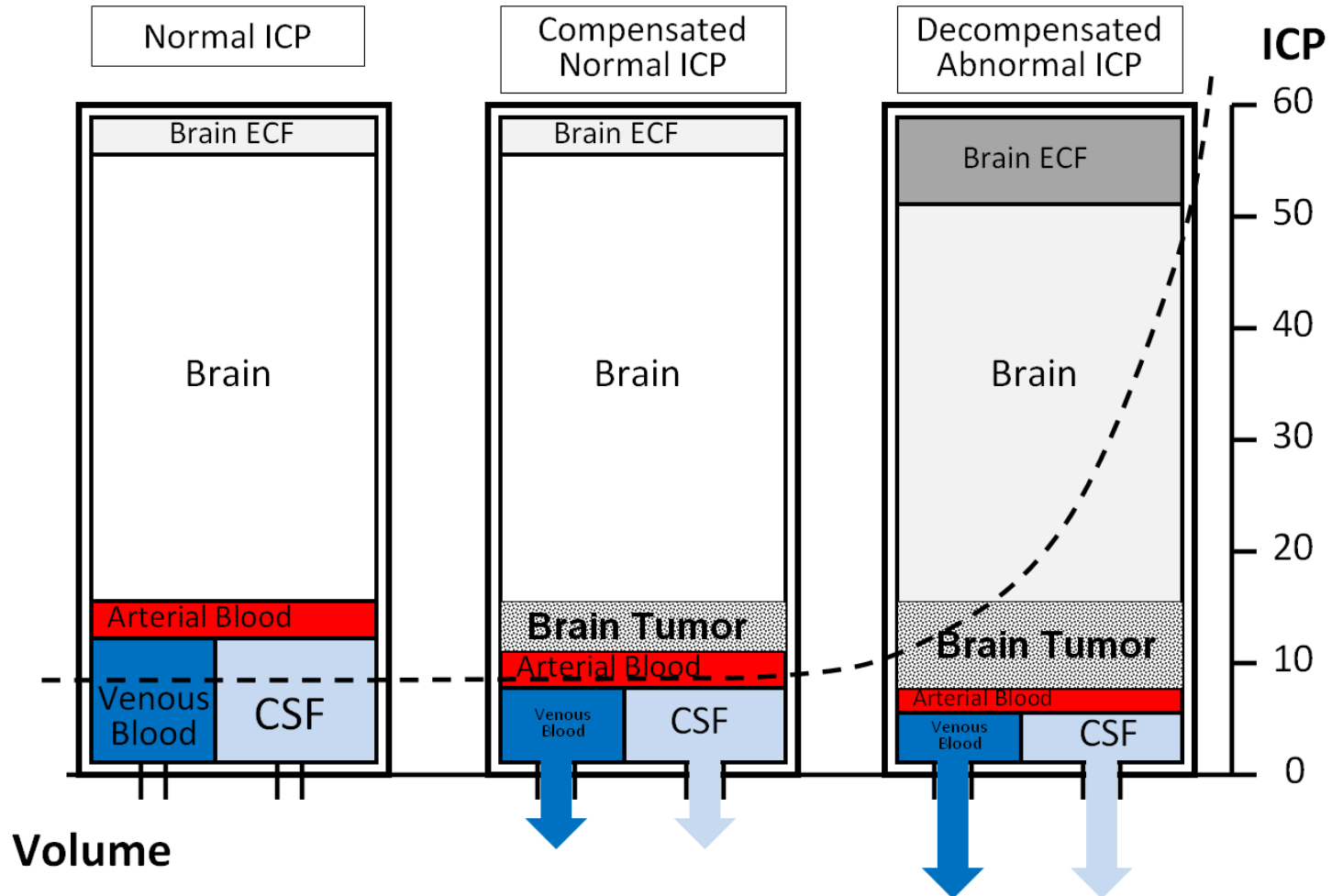
Time in UG	No. Subjects	Globe Flattening	Optic Nerve Sheath Kinking	ONSD>5.9 mm	Optic Disc Protrusion	Moderate or Greater Pituitary Concavity
<30d (Short)	12	1	1	5	0	0
>30d (Long)	15	6	3	9	4	3

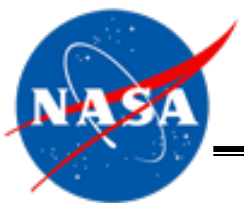


Monroe Kelly Principle & ICP

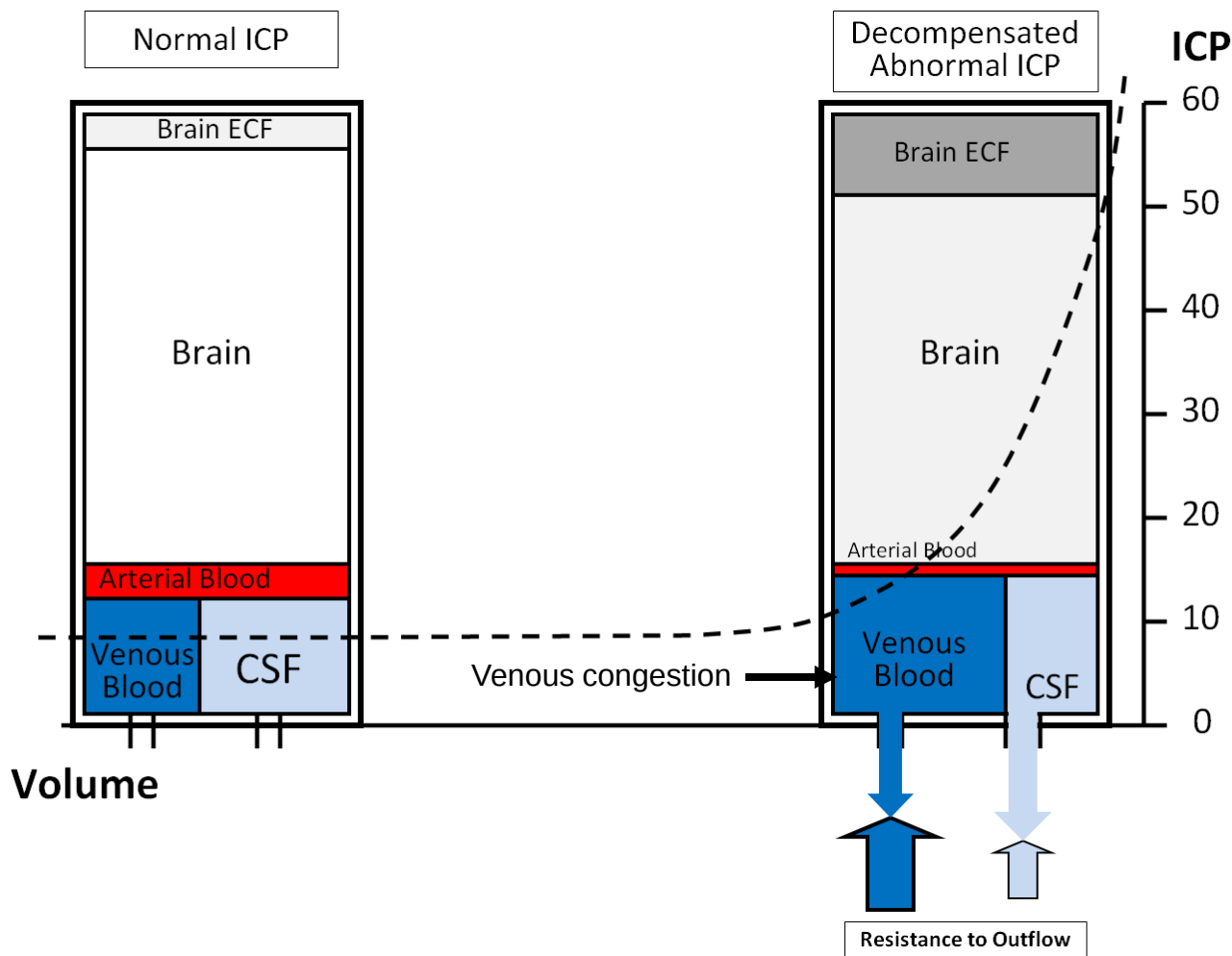


Accommodation of up to 120ml volume change while maintaining normal ICP





Fluid Shift & Inadequate Cerebral Venous & CSF Accommodation May Increase ICP in 0G





Increased CSF Vol., Venous Congestion, & Increased interstitial Vol.



- Alperin et. al. *MRI Evidence of Impaired CSF Homeostasis in Obesity-Associated Idiopathic Intracranial Hypertension*. AJNR. July, 2012
- 3D volumetric MR imaging
- N=11 IIH newly diagnosed non-treated women vs N=11 overweight healthy women

Cranial Volumetric Measurements

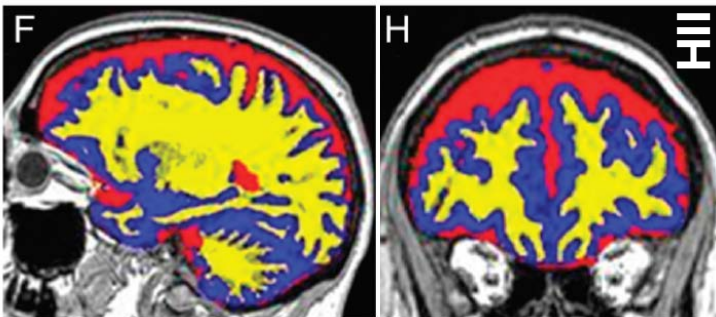
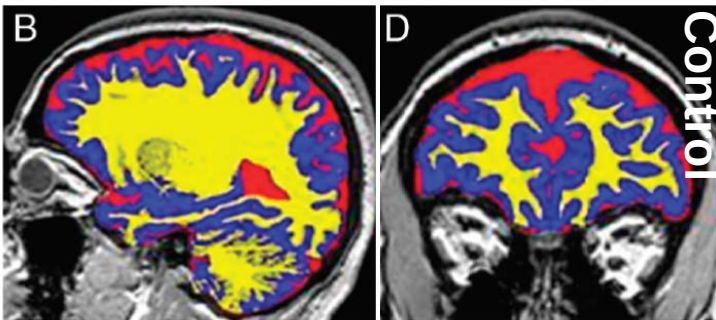
	ICCSF (mL)	EVCSF (mL)	GM (mL)	ICV (mL)	Nor VCSF (%)	Nor EVCSF (%)
Control (<i>n</i> = 11)	238 ± 25	220 ± 24	557 ± 31	1332 ± 81	1.4 ± 0.5	16 ± 1
IIH (<i>n</i> = 11)	309 ± 56	290 ± 52	602 ± 57	1438 ± 124	1.3 ± 0.4	20 ± 2
<i>P</i> value	0.002	0.0011	0.038	0.029	0.511	0.0007

ICCSF: Intracranial CSF, EVCSF: Extraventricular CSF, GM: Grey Matter, ICV: Intracranial Vol, Nor VCSF: Normalized Ventricular CSF, Nor EVCSF: Normalized Extraventricular CSF

Arterial & Venous Volumetric Flow Rate Measurements

Subjects	TCBF (mL/min)	Total IJV (mL/min)	Nor IJV (%)
Control (<i>n</i> = 11)	789 ± 116	628 ± 72	81 ± 10
IIH (<i>n</i> = 11)	823 ± 68	532 ± 87	65 ± 7
<i>P</i> value	0.414	0.011	0.001

- Less venous volume draining via the IJV
- Likely increased drainage via secondary vessels
- Implying an increased resistance to venous outflow



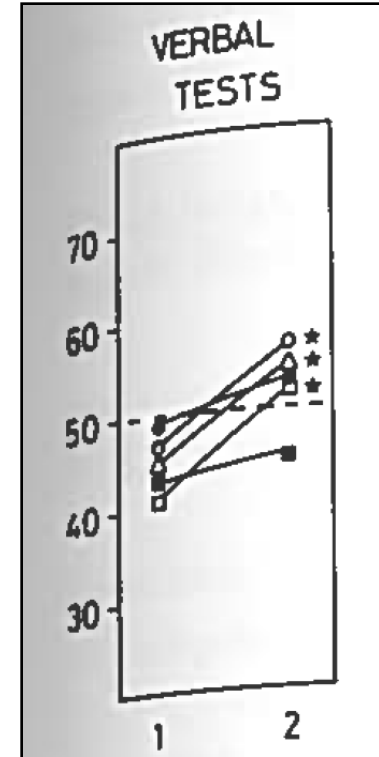
Grey Matter=Blue
White matter=Yellow
CSF=Red



Prolonged Elevations in ICP and Impaired Cognition



- Sorenson et al. *Persistent disturbances of cognitive functions in patients with pseudotumor cerebri*. Acta Neurol Scand. 1986
 - Prospective
 - N=5, mean papilledema 2, mean ICP 25.6 mmHg.
 - Difficulties in learning and memory for 6-30 months.
 - Testing showed a slight impairment in verbal tests.
 - At 12 month follow-up, after intensive medical or surgical treatment in 4/5 subjects the intellectual impairment reversed, and papilledema had resolved in 4 patients



- Walton, D. *Language deficits in patients with IIH*. Thesis. 1999
 - Prospective
 - N=9, All subjects experienced mild deficits in short term memory and auditory processing of linguistic information.
 - Particular difficulty in following complex directions containing prepositional information and in immediate recall of words or numbers.



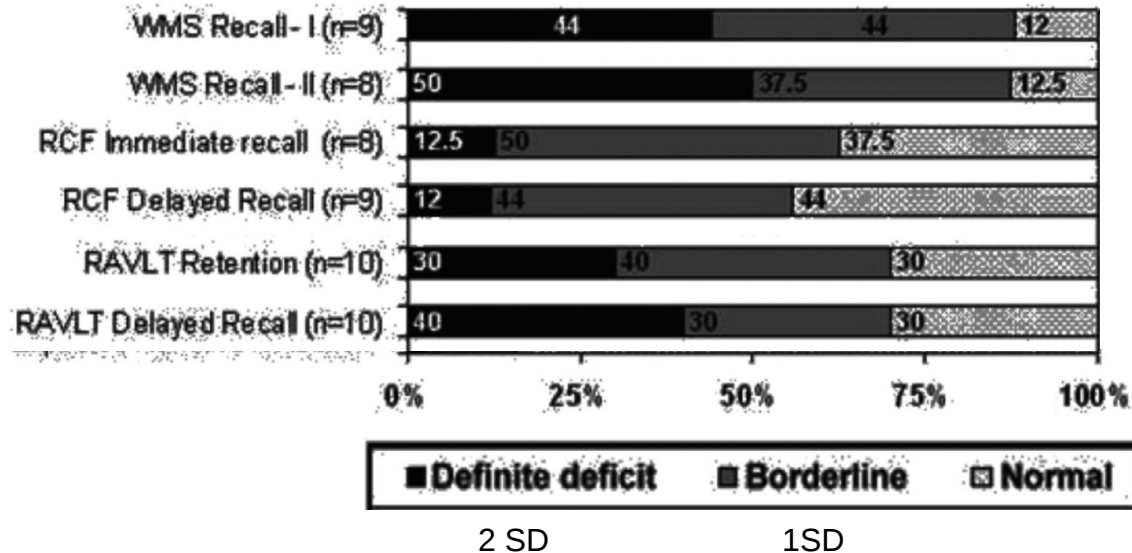
Prolonged Elevations in ICP and Impaired Cognition- Cont'd



- Kharkar et al. *Cognitive impairment in patients with pseudotumor cerebri syndrome*. Behavioural Neurology, 2011.

✓ Retrospective N=10. Cognitively tested at presentation

✓ 8



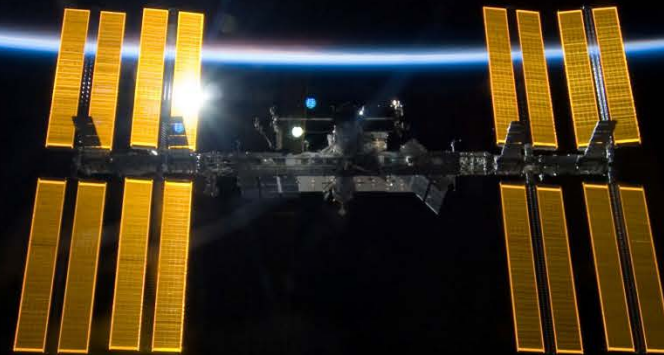
- Concept of cognitive reserve in mild Cognitive Impairment



THE VISUAL IMPAIRMENT INTRACRANIAL PRESSURE SYNDROME IN LONG DURATION U.S. ASTRONAUTS: EPIDEMIOLOGY AND PATHOPHYSIOLOGY

Christian Otto, M.D., M.Sc.
Lead Scientist, NASA VIIP Risk

Universities Space Research Association, Houston, TX,



Sensorimotor Workshop
NSBRI, Houston, TX
Thursday August 29, 2013.